

SEPTEMBER

MONDAY

TUESDAY

WEDNESDAY

Center is CLOSED

1



7:30 AM Golf League
 9:30 AM Sit and Be Fit Class
10:00 AM Craft Class - Snowman Kits
 11:30 AM VOA Lunch -
Roast chicken, sweet potatoes
 1:00 PM Computer assistance
1:00 PM Bingo for Fun
1:30 PM Line Dancing Class

2

9:00 AM Visiting Nurses
 9:30 AM Sit & Be Fit Class
10:00 AM Out to Lunch - \$\$ CO Springs
The Broadmoor Garden Room
 1:00 PM Crochet & Knit
 1:00 PM Afternoon of Games

3

9:00 AM Bowling League
 9:15 AM Bridge
 9:30 AM Tennis
 12:30 PM *Matter of Balance Class #1*
(sign up at Front Desk)
 1:00 PM Afternoon of Games
 1:00 PM Garden Club Meeting

8

7:30 AM Golf League
 9:30 AM Sit and Be Fit Class
 10:00 AM Creative Writing
10:45 AM Out to Lunch - \$
MoZaic at the Inn at Palmer Divide
 11:30 AM VOA Lunch
Sauerbraten style beef, potatoes
1:30 PM Line Dancing Class

9

9:30 AM Sit & Be Fit Class
 1:00 PM Crochet & Knit
 1:00 PM Afternoon of Games
1:00 PM Polish Poker (sign up ahead)

10

 **PEGASUS**
All-Day FUNDRAISER

9:00 AM Bowling League
 9:15 AM Bridge
 9:30 AM Tennis
 12:30 PM *Matter of Balance Class #2*
 1:00 PM Afternoon of Games
1:00 PM Activities Committee Meeting
4:45 PM Out to Dinner - \$
Country Buffet in Lone Tree

15

7:30 AM Golf League
8:30 AM Casino Trip
Lady Luck Casino \$
 9:30 AM Sit and Be Fit Class
10:00 AM Craft Class - Throwing a Fit
10:00 AM Legal - "Powers of Attorney"
 11:30 AM VOA Lunch
Apple glazed ham, black-eyed peas
 1:15 PM Marathon Bridge
1:30 PM Line Dancing Class

16

9:00 AM Visiting Nurses
 9:30 AM Sit & Be Fit Class
12:00 PM Monthly Potluck
 1:00 PM Crochet & Knit
 1:00 PM Afternoon of Games

17

9:00 AM Bowling League
9:00 AM Trip - Chihuly exhibit at the
Botanic Gardens in Denver \$
 9:15 AM Bridge
 9:30 AM Tennis
 12:30 PM *Matter of Balance Class #3*
 1:00 PM Afternoon of Games

22

7:30 AM Golf League
 9:30 AM Sit and Be Fit Class
 10:00 AM Creative Writing
 11:30 AM VOA Lunch
Meatloaf, gravy, cheesy potatoes
11:00 AM Out to Lunch - \$
Mimi's Café near Park Meadows
1:00 PM Bingo for Fun
1:30 PM Line Dancing Class

23

9:30 AM Sit & Be Fit Class
11:30 AM Lunch and Learn
 1:00 PM Crochet & Knit
1:15 PM Bunco (sign up ahead)
 1:15 PM Afternoon of Games

24

9:00 AM Bowling League
 9:15 AM Bridge
 9:30 AM Tennis
 12:30 PM *Matter of Balance Class #4*
 1:00 PM Afternoon of Games

29

7:30 AM Golf League
 9:30 AM Sit and Be Fit Class
10:00 AM Craft Class - to be announced
 11:30 AM VOA Lunch
Fish Veracruz, rice, corn
1:30 PM Line Dancing Class
4:45 PM Out to Dinner - \$\$
J. Alexander's

30

CHANGE TO CANCELLATION POLICY
 If your plans change and you will not be participating in an activity you signed up for, let the front desk know as soon as possible. If you cancel a non-ticketed activity during business hours prior to two business days before the event day, we will issue you a credit slip you can use for a future activity fee. No credits are given for Activity Fees after that time.

2014

THURSDAY

FRIDAY

SATURDAY/SUNDAY

9:00 AM Outdoor Pickleball
 9:00 AM Chair Massage
 9:30 AM Sit & Be Fit Class
 9:30 AM Tennis
10:00 AM Slammers Bingo
 11:30 AM VOA Lunch -
Bratwurst, bun, salad
2:00 PM "SeniorzArt" Class \$

4

8:30 AM Hike - Palmer Lake (bring a lunch)
 9:00 AM Financial Services
 9:00 AM Reflexology
 10:00 AM Current Events Discussion Group
 11:30 AM VOA Lunch -
Tomato soup, egg salad sandwich
 1:00 PM Remembering our Veterans
 1:00 PM Afternoon of Games
 6:00 PM Tennis

5

6/7
SATURDAY
Amazing Aging Expo Denver \$
at the Marriott in the Tech Center
Leave at 9:30 AM
SATURDAY & SUNDAY:
Artfest in Castle Rock
Sat: 9:00-6:00 Sun: 10:00-5:00
No transportation from the Center

9:00 AM Outdoor Pickleball
9:00 AM Slammers Brunch & Bingo \$
 9:30 AM Sit & Be Fit Class
10:00 AM Craft Class - Snowman Kits
 11:30 AM VOA Lunch -
Chicken breast, mild chili sauce
 12:30 PM AARP Meeting (Rec Center)
Patriot Day

11

9:00 AM Financial Services
 9:00 AM Reflexology
9:00 AM Trip - \$
Littleton Living History Museum
 10:00 AM Current Events Discussion Group
 10:15 PM Hearing Clinic
 11:30 AM VOA Lunch -
Smothered pork chop, stuffing
 1:00 PM Afternoon of Games
Deadline to buy shopping tickets here

12

13/14

9:00 AM Outdoor Pickleball
 9:00 AM Chair Massage
 9:00 AM Computer Assistance
9:15 AM TROLLEY TRIP - CR History \$
 9:30 AM Sit & Be Fit Class
10:00 AM Slammers Bingo
 11:30 AM VOA Lunch & "Let's Celebrate"
Clam chowder, baked beans
 1:15 PM Duplicate Bridge
2:00 PM "SeniorzArt" Class \$

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9:00 AM Reflexology
 9:00 AM Financial Services
 10:00 AM Current Events Discussion Group
 11:30 AM VOA Lunch -
Chicken Caesar salad, potatoes
 1:00 PM Afternoon of Games
1:00 PM Board Meeting
2:00 PM Monthly Newcomer "Meet and Greet" Open House
 6:00 PM Tennis Doubles

19

20/21
SATURDAY
Fundraiser
Shopping Extravaganza
Castle Rock Outlet Mall
10:00 AM - 6:00 PM
SATURDAY
Autumn Dance
7:00-9:00 PM
Panorama Hall

9:00 AM Outdoor Pickleball
9:00 AM Slammers Brunch & Bingo \$
 9:30 AM Sit & Be Fit Class
10:00 AM Craft Class - Snowman Kits
 11:30 AM VOA Lunch -
Beef stew, corn on the cob
12:45 PM Movie and Popcorn - "Heaven is for Real"
Rosh Hashanah

25

9:00 AM Reflexology
 9:00 AM Financial Services
 10:00 AM Current Events Discussion Group
 11:30 AM VOA Lunch -
Eggplant parmesan, french bread
 1:00 PM Afternoon of Games
 6:00 PM Tennis Doubles
October Activities Sign Up

26

27/28
SUNDAY THEATER TRIP
"A Second Helping"
The sequel to "Church Basement Ladies"
 Boulder Dinner Theatre
 Leave at 10:30 AM

CLARIFICATION - Dollar Sign Price Legend
\$ = Under \$15 *The dollar sign symbols now ONLY represent the average price of just the entrée at the restaurant when you will be paying for a meal on your own.*
\$\$ = \$16--\$35
\$\$\$ = \$36--\$50
Activity Fees for events and activities are listed on pages 12-13 & 19

**** CANCELLATIONS ****
Ticketed Events
 The Senior Center often purchases tickets in advance. For this reason, your payment for ticketed events cannot be refunded. If you find you cannot attend such an event, you will be responsible for finding someone to use your ticket.
Check at the front desk to see if there is a waiting list.