



SEPTEMBER



MONDAY

TUESDAY

WEDNESDAY

2


LABOR DAY
CENTER CLOSED

3

7:30 AM Golf League
9:30 AM Sit and Be Fit Class
11:45 AM VOA Lunch -
Caribbean Roast Chicken
1:00 PM Computer Assistance
1:30 PM Bingo for fun

4

9:00 AM Visiting Nurses \$\$
9:30 AM Sit & Be Fit Class
9:30 AM Jewelry Workshop
10:45 AM Out to Lunch - \$\$
"Arrowhead Golf Club"
1:00 PM Crochet & Knit
1:00 PM Canasta & Pinochle
1:00 PM Becoming the Best You Group

9

9:00 AM FIRST DAY - Bowling
9:15 AM Bridge
9:30 AM Tennis
12:00 PM Breads 'n Spreads Luncheon \$
1:00 PM Afternoon of Games

10

7:30 AM Golf League
9:00 AM Chair Massage \$
9:30 AM Sit and Be Fit Class
9:30 AM Creative Writing
11:45 AM VOA Lunch -
Sauerbraten Style Beef
2:00 PM Craft Class - Lady Bug
Bowling Balls



RED ROBIN
ALL DAY
FUNDRAISER

11

9:00 AM Volunteer Driver "Defensive
Driving Training" Meeting
9:30 AM Sit & Be Fit Class
1:00 PM Crochet & Knit
1:00 PM Canasta & Pinochle
1:00 PM Polish Poker (sign up ahead)

16

9:00 AM Bowling
9:15 AM Bridge
9:30 AM Tennis
1:00 PM Afternoon of Games

17

7:30 AM Golf League
9:30 AM Sit and Be Fit Class
9:30 AM Craft Class - Paper Art Earrings
11:45 AM VOA Lunch -
Apple Glazed Ham
12:30 PM Late Out to Lunch -
"Culpepper's Cajun Kitchen"
1:00 PM Computer assistance
1:15 PM Marathon Bridge
2:00 PM Craft Class - Sock Monkeys

18

9:00 AM Visiting Nurses \$\$
9:30 AM Sit & Be Fit Class
9:30 AM Jewelry Workshop
10:30 AM Legal Presentation -
Revocable Living Trust
12:00 PM Monthly Potluck \$
1:00 PM Crochet & Knit
1:00 PM Canasta & Pinochle

1:00 PM Activities Meeting

23

9:00 AM Bowling
9:15 AM Bridge
9:30 AM Tennis
1:00 PM Afternoon of Games
4:30 PM Out to Dinner - \$\$
"Elephant Bar" in Centennial
4:30 PM Voting ends for childhood
picture contest

24

7:30 AM Golf League - last day
8:00 AM Casino Trip - \$\$
Cripple Creek
9:00 AM Chair Massage \$
9:30 AM Sit and Be Fit Class
9:30 AM Creative Writing
11:45 AM VOA Lunch -
Savory Meatloaf with gravy
1:30 PM Bingo for fun

25

9:30 AM Sit & Be Fit Class
11:30 AM Lunch and Learn \$
1:00 PM Crochet & Knit
1:15 PM Canasta & Pinochle
1:15 PM Bunco \$ (sign up ahead)

30

9:00 AM Bowling
9:15 AM Bridge
9:30 AM Tennis
TBD SCENIC COLORADO TRIP - \$
Fall Colors Driving Tour
1:00 PM Afternoon of Games

Restaurant/Event Price Legend

\$ = Under \$15 *When you see these symbols you will*
\$\$ = \$16—\$35 *know the price range. For more specific*
\$\$\$ = \$36—\$50 *information, call the front desk.*

If you are planning to drive yourself to an off-site event or restaurant,
please let us know so you'll be included in the reservations.



THURSDAY

FRIDAY

SATURDAY/SUNDAY

9:00 AM Visiting Nurses \$\$ **5**
 9:30 AM Sit & Be Fit Class
 9:30 AM Tennis
10:00 AM Slammers Bingo \$
 11:45 AM VOA Lunch -
Bratwurst, wheat bun & fixings
**12:30 PM Douglas County Senior
 Initiatives Listening Survey**
2:00 PM "SeniorzArt" Class \$

9:00 AM Financial Services **6**
 9:00 AM Reflexology \$
9:30 AM Craft Class - Pom Pom Bear
 10:00 AM Current Events C&C Group
1:00 PM Remembering our Veterans
 1:00 PM Afternoon of Games
 6:00 PM Tennis Doubles
(Deadline to turn in a childhood picture)

SATURDAY: **7/8**
Grandparents Day
**Pancake Breakfast Fundraiser at
 Applebee's \$**
7:30-9:30 AM
(no transportation from the Center)
SATURDAY/SUNDAY:
Artfest at Castle Rock \$
 Saturday: 9:00 AM - 6:00 PM
 Sunday: 10:00 AM - 5:00 PM
(no transportation from the Center)

9:00 AM Computer assistance **12**
 9:30 AM Sit & Be Fit Class
9:30 AM Slammers Brunch & Bingo \$
 11:45 AM VOA Lunch -
Chicken breast, mild green chili
 12:30 PM AARP Meeting
1:00 PM Movie - \$ "Les Miserables"
2:00 PM "SeniorzArt" Class \$
4:45 PM Out to Dinner - \$\$
"Texas Roadhouse" in Parker

**8:30 AM Hike - \$ Red Rock
 Canyon Park & Rosie's** **13**
 9:00 AM Financial Services
 9:00 AM Reflexology \$
 9:00 AM Recording Personal History
9:30 AM Craft Class - Painting Wood #2
 10:00 AM Current Events C&C Group
 10:15 AM Hearing Clinic
 1:00 PM Afternoon of Games
 6:00 PM Tennis Doubles

14/15
SUNDAY:
Theater: "Bingo the Musical"
PACE CENTER in Parker \$\$
 Leave at 1:15 PM
 2:00 PM Curtain

9:00 AM Chair Massage \$ **19**
 9:30 AM Sit & Be Fit Class
 9:30 AM Tennis
**9:45 AM TRIP - Boulder Dushanbe
 Teahouse & Pearl Street Mall \$**
10:00 AM Slammers Bingo \$
 11:45 AM VOA Lunch -
Clam chowder, baked beans
**1:00 PM Special Presentation -
 "Wish of a Lifetime"**
2:00 PM "SeniorzArt" Class \$

9:00 AM Reflexology \$ **20**
 9:00 AM Financial Services
 9:00 AM Recording Personal History
9:30 AM Craft Class - Elf Ornament
 10:00 AM Current Events C&C Group
1:00 PM Board Meeting
 1:00 PM Afternoon of Games
 6:00 PM Tennis Doubles

21/22

9:00 AM Computer assistance **26**
 9:30 AM Sit & Be Fit Class
 9:30 AM Tennis
9:30 AM Slammers Brunch & Bingo \$
 11:45 AM VOA Lunch -
Beef stew, corn on the cob, squash
 1:15 PM Duplicate Bridge
2:00 PM "SeniorzArt" Class \$

9:00 AM Reflexology \$ **27**
 9:00 AM Financial Services
 9:00 AM Recording Personal History
9:30 AM Craft Class-Dammit Doll
 10:00 AM Current Events C&C Group
 1:00 PM Afternoon of Games
 6:00 PM Tennis Doubles

28/29
SATURDAY:
Shopping Trip
**Mile High Flea Market/
 Farmer's Market \$**
 Leave at 8:00 AM

October Activities Sign Up

**** CANCELLATIONS ****
 If you become ill or cannot participate in an activity you have paid for, let the front desk know. *No credits/refunds given for same day cancellations.*
 If you cancel ahead for a non-ticketed event, fill out a *Cancellation Request Form* and staff will issue you a Credit Slip to be used for a future sign-up fee



It's a happy day - we are coming to the Senior Center

**** CANCELLATIONS ****
Ticketed Events
 The Senior Center often purchases tickets in advance. For this reason, your payment for ticketed events cannot be refunded. If you find you cannot attend such an event, you will be responsible for finding someone to use your ticket.
Check at the front desk to see if there is a waiting list.