



JULY



MONDAY

TUESDAY

WEDNESDAY

<p style="text-align: right;">1</p> <p>9:15 AM Bridge 9:30 AM Tennis 1:00 PM Afternoon of Games</p>	<p style="text-align: right;">2</p> <p>7:30 AM Golf League 9:30 AM Sit and Be Fit Class 10:00 AM Garden Club Trip - \$ Hudson Gardens & "Bistro" Lunch in Littleton 11:45 AM VOA Lunch - <i>Creamy Garlic Soup, Chicken Salad</i> 12:00 PM Civitan 1:00 PM Computer assistance 1:30 PM Bingo for fun</p>	<p style="text-align: right;">3</p> <p>9:00 AM Softball Games 9:00 AM Visiting Nurses \$\$ 9:30 AM Sit & Be Fit Class 1:00 PM Canasta & Pinochle 1:00 PM Crochet & Knit</p>
<p style="text-align: right;">8</p> <p>9:15 AM Bridge 9:30 AM Tennis 10:00 AM Balloon Class (for Artfest) "Refresher" and "Beginning" 1:00 PM Afternoon of Games</p>	<p style="text-align: center;">11:00 AM - 10:00 PM FUNDRAISER at Chili's</p> <p style="text-align: right;">9</p> <p>7:30 AM Golf League 8:30 AM Casino Trip - \$ Fitzgerald's in Blackhawk 9:00 AM Chair Massage \$ 9:30 AM Sit and Be Fit Class 9:30 AM Creative Writing 11:45 AM VOA Lunch - <i>BBQ Chicken, Baked Beans</i></p>	<p style="text-align: right;">10</p> <p>9:00 AM Softball Games 9:30 AM Sit & Be Fit Class 9:30 AM NEW - "Jewelry Workshop" 1:00 PM Crochet & Knit 1:00 PM Canasta & Pinochle 1:00 PM Polish Poker (sign up ahead) 4:45 PM Out to Dinner - \$\$ John Holly's Asian Bistro in Lone Tree</p>
<p style="text-align: right;">15</p> <p>9:15 AM Bridge 9:30 AM Tennis 9:30 AM SHOPPING TRIP - \$ Parker Bargain Stores & Lunch 1:00 PM Afternoon of Games</p>	<p style="text-align: right;">16</p> <p>7:30 AM Golf League 9:30 AM Sit and Be Fit Class 10:00 AM Out to Lunch - \$\$ Garden Room, The Broadmoor 11:45 AM VOA Lunch - <i>Hot Dog, Sauerkraut, Cole Slaw</i> 12:00 PM Civitan 12:45 PM Legal Presentation - "Powers of Attorney" 1:00 PM Computer assistance 1:15 PM Marathon Bridge</p>	<p style="text-align: right;">17</p> <p>9:00 AM Softball Games 9:00 AM Visiting Nurses \$\$ 9:30 AM Sit & Be Fit Class 12:00 PM Monthly Potluck \$ 1:00 PM Canasta & Pinochle 1:00 PM Crochet & Knit</p>
1:00 PM Activities Meeting		
<p style="text-align: right;">22</p> <p>9:15 AM Bridge 9:30 AM Tennis 1:00 PM Afternoon of Games 4:30 PM Out to Dinner - \$\$ The Villa Italian Restaurant in Palmer Lake</p>	<p style="text-align: right;">23</p> <p>7:30 AM Golf League 9:30 AM Sit and Be Fit Class 10:00 AM Balloon Class (for Artfest) "Refresher" and "Beginning" 11:45 AM VOA Lunch - <i>Cheeseburger, Macaroni Salad</i> 1:30 PM Bingo for Fun</p>	<p style="text-align: right;">24</p> <p>9:00 AM Softball Games 9:30 AM Sit & Be Fit Class 9:30 AM NEW - "Jewelry Workshop" 1:00 PM Crochet & Knit 1:00 PM Canasta & Pinochle 1:00 PM Bunco \$ (sign up ahead)</p>
<p style="text-align: right;">29</p> <p>9:15 AM Bridge 9:30 AM Tennis 12:00 PM Monster Salad Luncheon \$ 1:00 PM Afternoon of Games</p>	<p style="text-align: right;">30</p> <p>7:30 AM Golf League 9:00 AM Chair Massage \$ 9:30 AM Sit and Be Fit Class 9:30 AM Creative Writing 11:45 AM VOA Lunch - <i>Cold Fried Chicken, Baked Beans</i> 12:30 PM SPECIAL PRESENTATION - "Nutrition and Aging"</p>	<p style="text-align: right;">31</p> <p>9:00 AM Softball Games 9:30 AM Sit & Be Fit Class 10:45 AM Out to Lunch - \$ Assignments in Denver 1:00 PM Crochet & Knit 1:00 PM Canasta & Pinochle</p>



2013



THURSDAY

FRIDAY

SATURDAY/SUNDAY



4

Center Closed for 4th of July

9:00 AM Financial Services **5**
 9:00 AM Reflexology \$
 10:00 AM Current Events C&C Group
1:00 PM Remembering our Veterans
 1:00 PM Afternoon of Games
 6:00 PM Tennis Doubles

6/7

9:00 AM **Pickleball Clinic** **11**
 9:00 AM Computer assistance
 9:30 AM Sit & Be Fit Class
 9:30 AM Tennis
9:30 AM Slammers Brunch & Bingo \$
10:00 AM NEW DISCUSSION GROUP -
"Becoming the Best You"
 11:45 AM VOA Lunch -
French Style Pork Chops, potato
 12:30 PM AARP Meeting
2:00 PM "SeniorzArt" Class \$

8:30 AM Hike - Spruce Mtn \$ **12**
 9:00 AM Financial Services
 9:00 AM Reflexology \$
 9:00 AM Recording Personal History
9:30 AM Craft Class - "Beaded Jewelry"
 10:00 AM Current Events C&C Group
 10:15 AM Hearing Clinic
 1:00 PM Afternoon of Games
 6:00 PM Tennis Doubles

13/14

9:00 AM Chair Massage \$ **18**
 9:30 AM Sit & Be Fit Class
 9:30 AM Tennis
10:00 AM Slammers Bingo \$
 11:45 AM VOA Lunch -
Peachy Coconut Chicken
1:00 PM Movie & Popcorn \$
"Hello Dolly"
2:00 PM "SeniorzArt" Class \$

10-5 FUNDRAISER -
Firehouse Quilt Show **19**
 9:00 AM Reflexology \$
 9:00 AM Financial Services
 9:00 AM Visiting Nurses \$\$
 10:00 AM Current Events C&C Group
1:00 PM Board Meeting
 1:00 PM Afternoon of Games
 2:30 PM FREE PERFORMANCE -
"SilverSuesstein"
 6:00 PM Tennis Doubles

20/21

SATURDAY: \$
Horse Racing
at Arapahoe Park
 Leave at 11:30 AM

SATURDAY:
Firehouse Quilt Show (sell quilt tickets)
 10:00am-5:00pm
 DC Events Center

8:00 AM Trip - \$\$\$ **25**
Pikes Peak Cog Railway
 9:00 AM Computer assistance
 9:30 AM Sit & Be Fit Class
 9:30 AM Tennis
9:30 AM Slammers Brunch & Bingo \$
 11:45 AM VOA Lunch -
BBQ Pork Ribs, Cheesy Potatoes
2:00 PM "SeniorzArt" Class \$

9:00 AM Reflexology \$ **26**
 9:00 AM Financial Services
 9:00 AM Recording Personal History
9:30 AM Craft Class-Painted Wood items
 10:00 AM Current Events C&C Group
 1:00 PM Afternoon of Games
 6:00 PM Tennis Doubles

27/28

SUNDAY:
Theater - \$\$
"Oklahoma"
Parker PACE Center
 Leave at 1:00 PM
 2:00 PM Curtain

August Activities Sign Up

Restaurant/Event Price Legend

\$ = Under \$15 *When you see these symbols you will*
\$\$ = \$16—\$35 *know the price range. For more specific*
\$\$\$ = \$36—\$50 *information, call the front desk.*

**If you are planning to drive yourself to an off-site event or restaurant,
 please let us know so you'll be included in the reservations.**

** CANCELLATIONS **

If you become ill or cannot participate in an activity you have paid for, let the front desk know. No credits/refunds given for same day cancellations.

If you cancel ahead for a non-ticketed event, fill out a *Cancellation Request Form* and staff will issue you a Credit Slip to be used for a future sign-up fee