



SEPTEMBER



MONDAY	TUESDAY	WEDNESDAY
<p>DOLLAR SIGN LEGEND The dollar signs on the calendar represent the average price of just the entrée at the restaurant when you will be paying for a meal on your own. \$ = Under \$15 \$\$ = \$16-\$35 \$\$\$ = \$36-\$50</p> <p>This does NOT represent the Activity Fee you pay at sign-up</p>	<p>7:30 AM Golf League 1 8:00 AM Outdoor Pickleball 9:30 AM Sit and Be Fit Class 10:00 AM Book Club Mtg. 10:45 AM TRIP - Pueblo Colorado State Fair 11:30 AM VOA Lunch - <i>Cold fried chicken, beans</i> 1:00 PM Bingo for Fun</p>	<p>2 9:00 AM Visiting Nurses 9:30 AM Sit & Be Fit Class 1:00 PM Crochet & Knit 1:00 PM Afternoon of Games 4:45 PM Out to Dinner - Parker \$\$ Armando's Ristorante</p>
<p>Center is CLOSED 7</p> 	<p>7:30 AM Golf League 8 8:00 AM Outdoor Pickleball 8:00 AM Casino Trip - Cripple Creek 9:30 AM Sit and Be Fit Class 10:00 AM Creative Writing 11:30AM VOA Lunch <i>Hot dog, sauerkraut, chips</i></p>	<p>9:30 AM Sit & Be Fit Class 9 10:00 AM Legal Presentation "What is Probate?" 1:00 PM Crochet & Knit 1:00 PM Afternoon of Games 1:00 PM Polish Poker</p> <div data-bbox="1063 793 1534 907" style="border: 1px solid black; padding: 5px;"> <p>Dining to Donate Pegasus 6:30am-8pm Fundraiser</p> </div>
<p>9:15 AM Bridge 14 9:30 AM Tennis 11:45 AM Belly Dancing Class 12:00 PM Preventing Diabetes #1 1:00 PM Afternoon of Games 1:00 PM Garden Club Meeting <i>Rosh Hashanah (Sept 13-15)</i></p>	<p>7:30 AM Golf League 15 8:00 AM Outdoor Pickleball 9:30 AM Sit and Be Fit Class 11:30AM VOA Lunch/<i>Let's Celebrate Cheeseburger, macaroni</i> 1:00 PM Low Vision Support Group 1:15 PM Marathon Bridge</p>	<p>9:00 AM Visiting Nurses 16 9:30 AM Sit & Be Fit Class 12:00PM Monthly Potluck 1:00 PM Crochet & Knit 1:00 PM Afternoon of Games</p>
<p>Bucket List Grand Lake 2-Night Trip Leave at 9:00 AM 9/14 Return about 5:00 PM 9/16</p>		
<p>8:45 AM TRIP - Colo. Spr. Cheyenne Mountain Zoo \$ 21 9:15 AM Bridge 9:30 AM Tennis 12:00 PM Preventing Diabetes #2 1:00 PM Afternoon of Games</p>	<p>7:30 AM Golf League 22 8:00 AM Outdoor Pickleball 9:30 AM Sit and Be Fit Class 10:30AM Monthly Newcomer "Meet and Greet" 11:30AM VOA Lunch <i>Honey BBQ chicken, cole slaw</i> 1:00 PM Bingo for Fun 1:00 PM Activity Committee Meeting</p>	<p>9:30 AM Sit & Be Fit Class 23 10-11:30 BP Spot - no appt. needed 11:30 AM Lunch and Learn 1:00 PM Crochet & Knit 1:15 PM Afternoon of Games 1:15 PM Bunco</p> <p><i>Yom Kippur</i> <i>Fall Begins</i></p>
<p>9:15 AM Bridge 28 9:30 AM Tennis 11:45 AM Belly Dancing Class 12:00 PM Preventing Diabetes #3 1:00 PM Afternoon of Games 4:45 PM Out to Dinner - Lone Tree "Southern Hospitality" \$\$</p>	<p>7:30 AM Golf League last day 29 Golf Banquet 8:00 AM Outdoor Pickleball 9:30 AM Sit and Be Fit Class 9:30 AM SHOPPING TRIP \$ Parker Salvation Army, Goodwill & Dollar Tree 11:30AM VOA Lunch <i>Meatball marinara sub sand.</i></p>	<p>9:30 AM TRIP - Bus Tour Castlewood Canyon State Park 30 9:30 AM Sit & Be Fit Class 1:00 PM Crochet & Knit 1:15 PM Afternoon of Games</p>



2015



THURSDAY	FRIDAY	SATURDAY/SUNDAY
<p>8:00 AM Outdoor Pickleball 3</p> <p>9:00 AM Chair Massage</p> <p>9:30 AM Sit & Be Fit Class</p> <p>10:00AM Slammers Bingo</p> <p>11:30AM VOA Lunch - <i>BBQ chicken, potato salad</i></p> <p>2:00 PM Senior Art Class</p>	<p>9:00 AM Financial Services 4</p> <p>10:00 AM Current Events Discussion</p> <p>11:30AM VOA Lunch - <i>Sweet & sour pork, fried rice</i></p> <p>1:00 PM Games & Trivia</p>	<p>5/6</p>
<p>ALL DAY FUNDRAISER GOLF TOURNAMENT 10</p> <p>8:00 AM Outdoor Pickleball</p> <p>9:00 AM Slammers Br/Bingo</p> <p>9:30 AM Matter of Balance Class #1</p> <p>9:30 AM Sit & Be Fit Class</p> <p>10-11:30 BP Spot - no appt. needed</p> <p>11:30 AM VOA Lunch - <i>Bratwurst, ranch beans</i></p> <p>12:45 PM MOVIE - "The 2nd Best Exotic Marigold Hotel"</p>	<p>8:30 AM AARP Driving Class</p> <p>9:00 AM Financial Services 11</p> <p>10:00 AM Current Events Discussion</p> <p>10:15 AM Hearing Clinic</p> <p>11:30AM VOA Lunch - <i>Creole chicken, dirty rice</i></p> <p>11:45 AM Late Lunch & Concert Trip - Broadmoor & Brass Band \$\$</p> <p>1:00 PM Games & Trivia <i>Patriot Day</i></p>	<p>12/13</p> <p><u>SATURDAY & SUNDAY:</u> Artfest in Castle Rock <i>Sat: 9:00-6:00 Sun: 10:00-5:00</i> No transportation from the Center</p> <p><i>Grandparents Day on Sunday</i></p>
<p>8:00 AM Outdoor Pickleball 17</p> <p>8:30 AM HIKE - Palmer Lake Reservoir</p> <p>9:30 AM Matter of Balance Class #2</p> <p>9:30 AM Sit & Be Fit Class</p> <p>10:00 AM Slammers Bingo</p> <p>11:30 AM VOA Lunch - <i>Chicken breast, green chili</i></p> <p>2:00 PM Senior Art Class</p>	<p>9:00 AM Financial Services 18</p> <p>10:00AM Current Events</p> <p>11:30AM VOA Lunch <i>Swedish meatballs</i></p> <p>11:45 AM Late Lunch & Concert Trip - Broadmoor Lunch & John Denver Band \$\$</p> <p>1:00 PM Games & Trivia</p>	<p>19/20</p> <p><u>SATURDAY</u> Fundraiser Shopping Extravaganza Castle Rock Outlet Mall 10:00 AM - 6:00 PM</p> 
<p>8:00 AM Outdoor Pickleball 24</p> <p>9:00 AM Chair Massage</p> <p>9:00 AM Slammers Br/Bingo</p> <p>9:30 AM Matter of Balance Class #3</p> <p>9:30 AM Sit & Be Fit Class</p> <p>11:30 AM VOA Lunch - <i>Pueblo beef stew, corn on cob</i></p> <p>12:15 PM Douglas County Human Services (no appts needed)</p> <p>1:15 PM Duplicate Bridge</p>	<p>9:00 AM Financial Services 25</p> <p>10:00AM Current Events Discussion</p> <p>11:30AM VOA Lunch - <i>Beef fajita, salsa, lime rice</i></p> <p>1:00 PM Games & Trivia</p> <p>1:00 PM Board Meeting</p> <p>October Activities Sign-Up begins at 8:30 AM</p>	<p>26/27</p> <p><u>SUNDAY</u> "The Buddy Holly Story" Boulder Dinner Theatre Includes lunch Leave at 10:30 AM</p>
<p style="text-align: center;">CANCELLATION POLICY</p> <p style="text-align: center;">If you sign up for an activity and find you are unable to participate, let the front desk know as soon as possible. No credits are issued for cancellations made the <u>day of</u> or <u>the day before</u> an activity. If you cancel before the deadline, notify the Senior Center during business hours of 8:30am-4:30pm Monday-Friday, and we will issue you a credit. We do not refund ticketed events. Credits expire after one year.</p>		