

JUNE

MONDAY

TUESDAY

WEDNESDAY

CANCELLATION POLICY

If you sign up for an activity and find you are unable to participate, let the front desk know as soon as possible. No credits are issued for cancellations made the day of or the day before an activity. If you cancel before the deadline, notify the Senior Center during business hours of 8:30am-4:30pm Monday-Friday, and we will issue you a credit. We do not refund ticketed events. Credits expire after one year.




9:00 AM Reflexology **5**
 9:15 AM Monday Bridge
 11:00 AM Tai Chi For Arthritis Class (May-June session is full)
 1:00 PM Afternoon of Games
 1:00 PM Garden Club Meeting

9:30 AM Sit & Be Fit Class **6**
 9:30 AM **TRIP - Boulder Dushanbe Tea House & Pearl Street Mall \$\$**
 10:00 AM Book Club Meeting
 11:30 AM VOA Lunch - *BBQ chicken, au gratin potato*
 1:00 PM Bingo for Fun
Cripple Creek Overnight sign up-10:00 AM

8:30 AM **Casino Trip - Saratoga** **7**
 9:00 AM Visiting Nurses
 9:30 AM Sit & Be Fit Class
 1:00 PM Crochet & Knit
 1:00 PM Afternoon of Games

9:00 AM Reflexology **12**
 9:15 AM Monday Bridge
 11:00 AM Tai Chi For Arthritis Class (May-June session is full)
 1:00 PM Afternoon of Games
 4:30 pm **Out to Dinner - \$\$ Cherry Crest Seafood**

9:30 AM Sit and Be Fit Class **13**
 10:00 AM **"Meet and Greet"**
 11:30 AM VOA Lunch - *Meatball marinara sub*
 1:30 PM Creative Writing Group

9:30 AM Sit & Be Fit Class **14**
 1:00 PM Crochet & Knit
 1:00 PM Afternoon of Games
 12:45 PM **Concert - Lone Tree Arts "First Ladies of Jazz"**
 1:00 PM **Bunco**
 **Pegasus 6:30 AM - 2:00 PM**

9:00 AM Reflexology **19**
 9:15 AM Monday Bridge
 9:30 AM **Craft Show Workshop - "Safety Pin Jewelry" & "Ribbon Bookmarks"**
 11:00 AM Tai Chi For Arthritis Class (May-June session is full)
 1:00 PM Afternoon of Games

9:30 AM **TRIP - Denver Botanic Gardens \$** **20**
 9:30 AM Sit and Be Fit Class
 11:00 AM Technology for Low Vision
 11:30 AM VOA Lunch/*Let's Celebrate Fried chicken, slaw, roll*
 1:00 PM Low Vision Support Group
 1:00 PM Marathon Bridge


9:00 AM Visiting Nurses **21**
 9:30 AM Sit & Be Fit Class
 10:30 AM Activities Trip Planning Mtg.
 1:00 PM **Polish Poker**
 1:00 PM Crochet & Knit
 1:00 PM Afternoon of Games

9:00 AM Reflexology **26**
 9:15 AM Monday Bridge
 11:00 AM Tai Chi For Arthritis Class (May-June session is full)
 1:00 PM Afternoon of Games

9:00 AM Chair Massage **27**
"\$10 Tuesdays"
 9:30 AM Sit and Be Fit Class
 11:30 AM VOA Lunch- *Smoked polish sausage, corn*
 1:00 PM Bingo for Fun - white elephant
 4:00 PM **Out to Dinner - Boulder \$\$\$ Flagstaff House**

9:30 AM Sit & Be Fit Class **28**
 10-11:30 BP Spot - walk in
 10:00 AM **Legal Presentation - "Guardians & Conservatorships"**
 1:00 PM Crochet & Knit
 1:00 PM Afternoon of Games

2017

THURSDAY	FRIDAY	SATURDAY/SUNDAY
<p>9:00 AM Chair Massage 1</p> <p>9:30 AM Sit & Be Fit Class</p> <p>10:00 AM Slammers Bingo</p> <p>11:30AM VOA Lunch— <i>Teriyaki beef, lo mein noodles</i></p> <p>1:00 PM Trivia Group</p> <p>2:00 PM SeniorzArt Class</p>	<p>8:45 AM Mystery Trip \$ 2</p> <p>9:00 AM Financial Services</p> <p>10:00 AM Current Events Discussion</p> <p>11:30AM VOA Lunch - <i>Pork rib, spinach</i></p> <p>1:00 PM Afternoon of Games</p> <p>1:00 PM Crochet & Knit</p> <p>1:00 PM <i>Remembering our Veterans</i></p>	<p>SATURDAY 3/4</p> <p><u>June 3 - Trip</u></p> <p>Denver Chalk Art Festival Larimer Square Providing transportation - on own to enjoy the festival Leaving at 10:00 AM</p> <p><i>Castle Rock's Ducky Derby is Saturday</i></p>
<p>9:00 AM Slammers Br/Bingo 8</p> <p>9:30 AM Sit & Be Fit Class</p> <p>11:30 AM VOA Lunch - <i>Hot Italian beef sandwich</i></p> <p>12:45 PM Movie and Popcorn - "La La Land"</p> <p>1:00 PM Trivia Group</p>	<p>8:30 AM Trip - \$ "A Day in Pueblo" 9</p> <p>9:00 AM Financial Services</p> <p>10:00 AM Current Events</p> <p>10:15 AM Hearing Clinic</p> <p>11:30 AM VOA Lunch-<i>chili baked potato</i></p> <p>1:00 PM Afternoon of Games</p> <p>1:00 PM Crochet/Knit</p>	<p>SUNDAY JUNE 11 10/11</p> <p><u>THEATER TRIP</u></p> <p>"Man of La Mancha" Fine Arts Center Theater Colorado Springs Leaving at 12:30 PM Show is at 2:00 PM</p>
<p>8:30 AM HIKE-Dawson Butte 15</p> <p>9:00 AM Chair Massage</p> <p>9:30 AM Sit & Be Fit Class</p> <p>10:00 AM Slammers Bingo</p> <p>11:30 AM VOA Lunch - <i>Chicken fried steak, potatoes</i></p> <p>1:00 PM Trivia Group</p> <p>2:00 PM SeniorzArt Class</p>	<p>9:00 AM Financial Services 16</p> <p>10:00 AM Current Events Discussion</p> <p>11:00 AM Trip - Arapahoe Park Horses</p> <p>11:30 AM VOA Lunch - <i>Steak salad</i></p> <p>1:00 PM Afternoon of Games</p> <p>1:00 PM Crochet/Knit</p> <p>1:00 PM Board Meeting</p>	<p>17/18</p> 
<p>9:00 AM Slammers Br/Bingo 22</p> <p>9:30 AM Sit & Be Fit Class</p> <p>11:30 AM VOA Lunch - <i>chicken salad</i></p> <p>12:15 PM <i>Douglas County Human Services (no appts needed)</i></p> <p>1:00 PM Duplicate Bridge</p> <p>1:00 PM Active Minds - "The Nuremberg Trials"</p> <p>2:00 PM Trivia Group</p>	<p>9:00 AM Financial Services 23</p> <p>10:00 AM Current Events</p> <p>11:00 AM Out to Lunch - Englewood Purple Ginger II \$</p> <p>11:30AM VOA Lunch - <i>Baked haddock almandine</i></p> <p>1:00 PM Afternoon of Games</p> <p>1:00 PM Crochet & Knit</p>	<p>SATURDAY 24/25</p> <p><u>June 24 - Trip</u></p> <p>Salute to Seniors at the Colorado Convention Center Leaving at 9:00 AM</p>
<p>9:30 AM Sit & Be Fit Class 29</p> <p>10:00 AM Slammers Bingo</p> <p>11:30AM VOA Lunch— <i>Pulled pork, biscuit, baked beans</i></p> <p>1:00 PM Trivia Group</p>	<p>9:00 AM Financial Services 30</p> <p>10:00 AM Current Events</p> <p>11:30AM VOA Lunch - <i>Chicken, mushrooms, rice</i></p> <p>1:00 PM Afternoon of Games</p> <p>1:00 PM Crochet & Knit</p> <p>July Activities Sign-Up begins at 8:30 AM</p>	<p>DOLLAR SIGN LEGEND</p> <p>The dollar signs on the calendar represent the average price of the entrée at the restaurant when you will be paying for a meal there.</p> <p>\$ = Under \$15 \$\$ = \$16-\$35 \$\$\$ = \$36-\$50</p> <p>This does NOT represent the Activity Fee you pay at sign-up</p>