



JULY



MONDAY

TUESDAY

WEDNESDAY

CANCELLATION POLICY

If you sign up for an activity and find you are unable to participate, let the front desk know as soon as possible. No credits are issued for cancellations made the day of or the day before an activity. If you cancel before the deadline, notify the Senior Center during business hours of 8:30am-4:30pm Monday-Friday, and we will issue you a credit. We do not refund ticketed events. Credits expire after one year.

9:00 AM Softball Games
 9:15 AM Bridge
 9:30 AM Tennis
10:00 AM Shopping Trip #2 - \$
Denver Biscuit/Trader Joe's
 1:00 PM Afternoon of Games

6

7:30 AM Golf League
 8:00 AM Open-play outdoor Pickleball
 9:30 AM Sit and Be Fit Class
 10:00 AM Book Club Mtg.
 11:30 AM VOA Lunch -
Cheeseburger, mac salad
 1:00 PM Bingo for Fun

7

9:00 AM Softball Games
 9:00 AM Visiting Nurses
 9:30 AM Sit & Be Fit Class
11:00 AM Out to Lunch - \$
Hickory House in Parker
 1:00 PM Crochet & Knit
 1:00 PM Afternoon of Games

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9:00 AM Softball Games
 9:15 AM Bridge
 9:30 AM Tennis
11:45 AM Belly Dancing Class
 1:00 PM Afternoon of Games
 1:00 PM Garden Club Meeting
4:00 PM Out to Dinner - \$\$\$
Flagstaff House in Boulder

13

7:30 AM Golf League
 8:00 AM Open-play outdoor Pickleball
8:30 AM Casino Trip -
"The Isle" in Blackhawk
 9:30 AM Sit and Be Fit Class
 10:00AM Creative Writing
 11:30AM VOA Lunch
BBQ chicken, beans, slaw

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9:00 AM Softball Games
 9:30 AM Sit & Be Fit Class
 1:00 PM Crochet & Knit
 1:00 PM Afternoon of Games
1:00 PM Polish Poker

8



Blue Nectar
 11am-9pm Fundraiser

9:00 AM Softball Games
 9:15 AM Bridge
 9:30 AM Tennis
10:00 AM Shopping Trip #3 - \$
Denver Biscuit/Trader Joe's
 1:00 PM Activities Committee Meeting
 1:00 PM Afternoon of Games

20

7:30 AM Golf League
 8:00 AM Outdoor Pickleball
 9:30 AM Sit and Be Fit Class
10:00 AM Legal Presentation -
"Wills & Trusts"
 11:30AM VOA Lunch/*Let's Celebrate*
Meatball marinara sub
1:00 PM Low Vision Support Group
 1:15 PM Marathon Bridge

21

9:00 AM Softball Games
 9:00 AM Visiting Nurses
 9:30 AM Sit & Be Fit Class
12:00PM Monthly Potluck
 1:00 PM Crochet & Knit
 1:00 PM Afternoon of Games

15

Cripple Creek Overnight
 Trip leaves at 9:30 AM

9:00 AM Softball Games
 9:15 AM Bridge
 9:30 AM Tennis
10:45 AM Out to Lunch - \$\$
Rodizio Grill in LoDo
11:45 AM Belly Dancing Class
 1:00 PM Afternoon of Games

27

7:30 AM Golf League
 8:00 AM Outdoor Pickleball
 9:30 AM Sit and Be Fit Class
10:30AM Monthly Newcomer
"Meet and Greet"
 11:30AM VOA Lunch
Cold fried chicken, watermelon
 1:00 PM Bingo for Fun

28

8:00 AM Trip - Loveland
Benson Sculpture
Garden & Cinzzetti's \$
 9:00 AM Softball Games
 9:30 AM Sit & Be Fit Class
 10-11:30 BP Spot - no appt. needed
 1:00 PM Crochet & Knit
 1:00 PM Afternoon of Games
1:00 PM Bunco

22

8:00 AM Bucket List Trip -
Float Raft Trip
on Arkansas River
 9:00 AM Softball Games
 9:30 AM Sit & Be Fit Class
 1:00 PM Crochet & Knit
 1:00 PM Afternoon of Games

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2015



THURSDAY

FRIDAY

SATURDAY/SUNDAY

8:00 AM Outdoor Pickleball **2**
 9:00 AM Chair Massage
 9:30 AM Sit & Be Fit Class
10:00AM Slammers Bingo
 11:30AM VOA Lunch -
Mushroom swiss burger
2:00 PM Senior Art Class

3
 In observance of
 Independence Day
 we will be **CLOSED**
 July 3rd

4/5

 Have a
Happy 4TH of JULY

8:00 AM Outdoor Pickleball **9**
9:00 AM Slammers Br/Bingo
 9:30 AM Sit & Be Fit Class
 10-11:30 BP Spot - No appt. needed
 11:30 AM VOA Lunch -
Beef Bourignon, French bread
**1:15 PM SPECIAL EVENT -
 Harp Concert & refreshments**

9:00 AM Reflexology **10**
 9:00 AM Financial Services
9:15 AM Trolley Trip - CR History \$
 10:00 AM Current Events Discussion
 10:15 AM Hearing Clinic
 11:30AM VOA Lunch -
Curried beef, coconut rice
 1:00 PM Games & Trivia
 1:00 PM Remembering our Veterans

11/12

8:00 AM Outdoor Pickleball **16**
 9:00 AM Chair Massage
 9:30 AM Sit & Be Fit Class
10:00 AM Slammers Bingo
 11:30 AM VOA Lunch -
Peachy coconut chicken
2:00 PM Senior Art Class

9:00 AM Financial Services **17**
 9:00 AM Reflexology
 10:00AM Current Events
 11:30AM VOA Lunch
Turkey soup, Waldorf salad
 1:00 PM Games & Trivia

18/19
SATURDAY
Horse Races
at Arapahoe Park
 Leave at 11:00 AM
 Post time is 1:00 PM

**Cripple Creek Overnight Trip
 Returns Friday about 4:30 PM**

8:00 AM Outdoor Pickleball **23**
9:00 AM Slammers Br/Bingo
 9:30 AM Sit & Be Fit Class
 11:30 AM VOA Lunch -
Smothered pork rib
 12:15 PM Douglas County Human
 Services (no appts needed)
 1:15 PM Duplicate Bridge
**4:45 PM Out to Dinner - \$\$
 White Chocolate Grill**

**8:30 AM HIKE -
 "Dawson Butte"** **24**
 9:00 AM Financial Services
 9:00 AM Reflexology
 10:00AM Current Events Discussion
 11:30AM VOA Lunch -
Southwest chicken, rice
 1:00 PM Games & Trivia
1:00 PM Board Meeting

25/26
SUNDAY THEATER
West Side Story
 Parker PACE Center
 Leave at 1:15 PM
 Show at 2:00 PM

8:00 AM Outdoor Pickleball **30**
 9:30 AM Sit & Be Fit Class
10:00AM Slammers Bingo
 11:30AM VOA Lunch -
BBQ beef brisket
**12:45 PM Movie and popcorn -
 "The Imitation Game"**

9:00 AM Financial Services **31**
 9:00 AM Reflexology
 10:00AM Current Events
 11:30AM VOA Lunch
Taco salad, tortilla soup
 1:00 PM Games & Trivia
**August Activities Sign-Up
 begins at 8:30 AM**

Aug.1/2
SUNDAY CONCERT
Colorado Symphony
"Boston Pops" Concert
 Lone Tree Arts Center
 Leave at 7:00 PM
 Concert at 7:30 PM