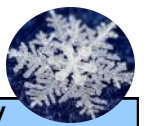




# JANUARY



**MONDAY**

**TUESDAY**

**WEDNESDAY**



**2**

**Senior Center CLOSED**

**3**

9:30 AM Sit & Be Fit Class  
 10:00 AM Book Club Meeting  
 11:30 AM VOA Lunch -  
*Hash brown casserole, veg.*  
 1:00 PM Bingo for Fun

**4**

9:00 AM Visiting Nurses  
 9:30 AM Sit & Be Fit Class  
**11:00 AM Out to Lunch - \$**  
**"Jade Garden Chinese"**  
 12:30 PM Matter of Balance #1  
 1:00 PM Crochet & Knit  
 1:00 PM Afternoon of Games

**9**

9:00 AM Reflexology  
 9:15 AM Open Bridge  
 1:00 PM Afternoon of Games  
**4:30 PM Out to Dinner - \$\$**  
**"Fresh Fish Company"**

**10**

**8:30 AM Casino Trip -**  
**Lodge in Blackhawk**  
 9:30 AM Sit and Be Fit Class  
**10:00 AM Newcomer "Meet and Greet"**  
 11:30 AM VOA Lunch  
*Tuna salad, pea soup*  
 1:30 PM Creative Writing Group

**11**

9:30 AM Sit & Be Fit Class  
 12:30 PM Matter of Balance  
**1:00 PM CONCERT - Lone Tree**  
**Opera Colorado "Arias & Ensembles"**  
 1:00 PM Crochet & Knit  
 1:00 PM Afternoon of Games  
**1:00 PM Bunco**

 **Applebee's**  
**11:00 AM - Close**



**16**

**Senior Center CLOSED**

**17**

9:30 AM Sit and Be Fit Class  
 11:00 AM Technology for Low Vision  
 11:30 AM VOA Lunch/Let's Celebrate  
*Pizza burger, potato wedges*  
 12:30 PM Activities Restaurant Mtg.  
 1:00 PM Low Vision Support Group  
 1:30 PM Activities Trip Planning Mtg.

**18**

9:00 AM Visiting Nurses  
 9:30 AM Sit & Be Fit Class  
**11:00 AM Out to Lunch - Parker \$**  
**"Casa Mariachi"**  
 12:30 PM Matter of Balance #3  
**1:00 PM Polish Poker**  
 1:00 PM Crochet & Knit  
 1:00 PM Afternoon of Games

**23**

9:00 AM Reflexology  
**9:30 AM Learn a Craft Class -**  
**Elegant Button Bracelets**  
 9:15 AM Open Bridge  
 1:00 PM Afternoon of Games

**24**

9:00 AM Chair Massage  
**"\$10 Tuesdays"**  
 9:30 AM Sit and Be Fit Class  
**10:00 AM SPECIAL PRESENTATION -**  
**"Outsmarting Investment Fraud"**  
 11:30 AM VOA Lunch-*chicken fried steak*  
**12:30 PM 15 Minute Presentation -**  
**"Current Top 5 Scams"**  
 1:00 PM Bingo for Fun

**25**

9:30 AM Sit & Be Fit Class  
 10-11:30 BP Spot - walk in  
**10:00 AM Legal Presentation -**  
**"Traditional Will vs. Living Will"**  
**11:30 AM Lunch and Learn**  
 12:30 PM Matter of Balance #4  
 1:00 PM Crochet & Knit  
 1:00 PM Afternoon of Games

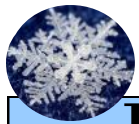
**30**

9:00 AM Reflexology  
 9:15 AM Open Bridge  
 1:00 PM Afternoon of Games

**31**

**8:00 AM TRIP - Breckenridge**  
**"Snow Sculptures"**  
 9:30 AM Sit & Be Fit Class  
 11:30 AM VOA Lunch -  
*Pork loin, sweet potato*





# 2017



## THURSDAY

## FRIDAY

## SATURDAY/SUNDAY

9:00 AM Chair Massage **5**  
 9:30 AM Sit & Be Fit Class  
**10:00 AM Slammers Bingo**  
 11:30AM VOA Lunch—  
*Roast pork, gravy, greens*  
 1:00 PM Trivia Group  
**2:00 PM Senior Art Class**

**8:45 AM 2nd TRIP -  
 Tour and Lunch \$\$  
 Brown Palace Hotel 6**  
 9:00 AM Reflexology  
 9:00 AM Financial Services  
 10:00 AM Current Events Discussion  
 11:30AM VOA Lunch - *Chicken salad*  
 1:00 PM Afternoon of Games  
 1:00 PM Crochet & Knit

**7/8**

**9:00 AM Slammers Br/Bingo 12**  
 9:30 AM Sit & Be Fit Class  
 10-11:30 BP Spot - walk in  
 11:30 AM VOA Lunch -  
*BBQ pork rib, succotash*  
**12:45 PM Movie & Popcorn -  
 "Florence Foster Jenkins"**  
 1:00 PM Trivia Group

**8:30 AM AARP Driving Class 13**  
 9:00 AM Financial Services  
 10:00 AM Current Events  
 10:15 AM Hearing Clinic  
**10:15 AM TRIP & LUNCH -  
 "Dazzle Jazz Club"**  
 11:30 AM VOA Lunch - *Cod florentine*  
 1:00 PM Afternoon of Games  
 1:00 PM Crochet/Knit

**14/15**

**9:00 AM Learn a Craft -  
 Braided Rag Rug 19**  
 9:00 AM Chair Massage  
 9:30 AM Sit & Be Fit Class  
**10:00 AM Slammers Bingo**  
 11:30 AM VOA Lunch - *Salmon & sauce*  
 1:00 PM Trivia Group  
**2:00 PM Senior Art Class**  
**4:15 PM SHOW - Stock Show  
 "Evening of Dancing Horses"**

**9:00 AM Reflexology 20**  
 9:00 AM Financial Services  
 10:00 AM Current Events Discussion  
 11:30 AM VOA Lunch -  
*Meatball soup, bean burrito*  
 1:00 PM Afternoon of Games  
 1:00 PM Crochet/Knit  
 1:00 PM Board Meeting

**21/22**  
**SUNDAY THEATER TRIP  
 "Beauty and the Beast"**  
 Parker Pace Center  
 Leave at 1:00 PM - Show at 2:00 PM

**9:00 AM Slammers Br/Bingo 26**  
 9:30 AM Sit & Be Fit Class  
 11:30 AM VOA Lunch - *breakfast burrito*  
 12:15 PM Douglas County Human  
 Services (no appts needed)  
**1:00 PM Active Minds -  
 "Brexit: The Future..."**  
 2:00 PM Trivia Group  
**4:15 PM Fixed-Price Out to Dinner  
 "White Fence Farm"**

**9:00 AM Financial Services 27**  
 10:00 AM Current Events  
 11:30AM VOA Lunch -  
*Baked potato, chicken a la king*  
 1:00 PM Afternoon of Games  
 1:00 PM Crochet & Knit

**28/29**

**February Activities Sign-Up  
 begins at 8:30 AM**

### CANCELLATION POLICY

If you sign up for an activity and find you are unable to participate, let the front desk know as soon as possible. No credits are issued for cancellations made the day of or the day before an activity. If you cancel before the deadline, notify the Senior Center during business hours of 8:30am-4:30pm Monday-Friday, and we will issue you a credit. We do not refund ticketed events. Credits expire after one year.

### DOLLAR SIGN LEGEND

The dollar signs on the calendar represent the average price of the entrée at the restaurant when you will be paying for a meal there.

\$ = Under \$15    \$\$ = \$16-\$35  
 \$\$\$ = \$36-\$50

This does NOT represent the Activity Fee you pay at sign-up