



# JANUARY



**MONDAY**

**TUESDAY**

**WEDNESDAY**

## CANCELLATION POLICY

If you sign up for an activity and find you are unable to participate, let the front desk know as soon as possible. No credits are issued for cancellations made the day of or the day before an activity. If you cancel before the deadline, notify the Senior Center during business hours of 8:30am-4:30pm Monday-Friday, and we will issue you a credit. We do not refund ticketed events. Credits expire after one year.

## DOLLAR SIGN LEGEND

The dollar signs on the calendar represent the average price of the entrée at the restaurant when you will be paying for a meal there.

\$ = Under \$15    \$\$ = \$16-\$35  
\$\$\$ = \$36-\$50

**This does NOT represent the Activity Fee you pay at sign-up**

9:00 AM Reflexology **4**  
9:15 AM Bridge  
9:30 AM Tennis  
12:00 PM Preventing Diabetes #14  
1:00 PM Afternoon of Games

9:00 AM Indoor Pickleball **5**  
9:30 AM Sit and Be Fit Class  
10:00 AM Book Club Mtg.  
11:30 AM VOA Lunch -  
*Spinach lasagna, breadstick*  
12:30 PM Matter of Balance Class #6  
1:00 PM Bingo for Fun

9:00 AM Visiting Nurses **6**  
9:30 AM Sit & Be Fit Class  
1:00 PM Crochet & Knit  
1:00 PM Afternoon of Games  
**4:45 PM Out to Dinner - Lone Tree Hacienda Colorado \$\$**

9:00 AM Reflexology **11**  
9:15 AM Bridge  
9:30 AM Tennis  
12:00 PM Preventing Diabetes #15  
1:00 PM Afternoon of Games  
1:00 PM Activity Committee Meeting

**8:30 AM Casino Trip Lodge Casino 12**  
9:00 AM Indoor Pickleball  
9:30 AM Sit and Be Fit Class  
10:00 AM Creative Writing  
11:30AM VOA Lunch  
*4 cheese pasta, salad*  
12:30 PM Matter of Balance Class #7

9:30 AM Sit & Be Fit Class **13**  
1:00 PM Crochet & Knit  
**1:00 PM Polish Poker**  
1:00 PM Afternoon of Games



**The Egg & I**  
**6:00 AM - 2:00 PM**

**18**  
**MLK JR. DAY**  
Monday, January 18, 2016  
**Senior Center CLOSED**

9:00 AM Indoor Pickleball **19**  
9:30 AM Sit and Be Fit Class  
11:30 AM VOA Lunch  
*Chicken scallopini, spaghetti*  
12:30 PM Matter of Balance Class #8  
1:00 PM Low Vision Support Group  
1:00 PM Bingo for Fun  
**4:45 PM Out to Dinner - Kiowa \$\$ Western Trails Steakhouse**

9:00 AM Visiting Nurses **20**  
9:30 AM Sit & Be Fit Class  
**12:00 PM Monthly Potluck**  
1:00 PM Afternoon of Games  
1:00 PM Crochet & Knit  
**1:00 PM Bunco**

9:00 AM Reflexology **25**  
9:15 AM Bridge  
9:30 AM Tennis  
**11:00 AM Out to Lunch - Parker \$ Indochine Thai & Viet Cuisine**  
12:00 PM Preventing Diabetes #16  
1:00 PM Afternoon of Games

9:00 AM Indoor Pickleball **26**  
9:30 AM Sit and Be Fit Class  
**9:45 AM SHOPPING TRIP - Saver's with lunch at On the Border \$**  
**10:30AM Monthly Newcomer "Meet and Greet"**  
11:30AM VOA Lunch  
*BBQ chicken sandwich, soup*

9:30 AM Sit & Be Fit Class **27**  
10-11:30 BP Spot - no appt. needed  
**11:30 AM Lunch & Learn**  
1:00 PM Crochet & Knit  
1:15 PM Afternoon of Games



# 2016



**THURSDAY**

**FRIDAY**

**SATURDAY/SUNDAY**

**Happy New Year 1**  
**Senior Center CLOSED**

**2/3**

9:00 AM Chair Massage **7**  
9:30 AM Sit & Be Fit Class  
**10:00AM Slammers Bingo**  
11:30AM VOA Lunch -  
*Yankee pot roast, cabbage*  
**12:45 PM Movie & Popcorn –**  
*“Age of Adaline”*  
**2:00 PM Senior Art Class**

**8:30 AM AARP Driver Class** **8**  
9:00 AM Indoor Pickleball  
9:00 AM Reflexology  
9:00 AM Financial Services  
10:00 AM Current Events Discussion  
**10:15 AM Trip - Dazzle Jazz Club \$**  
10:15 AM Hearing Clinic  
11:30AM VOA Lunch - *Tuna salad*  
1:00 PM Games & Trivia

**9/10**  
**SUNDAY**  
**Funny Girl**  
Vintage Theatre in Aurora  
Leaving at 1:00 PM  
Show at 2:30 PM

**9:00 AM Slammers Br/Bingo** **14**  
9:30 AM Sit & Be Fit Class  
10-11:30 BP Spot - no appt. needed  
11:30 AM VOA Lunch -  
*BBQ rib, succotash*  
**12:30 PM Special Presentation -**  
*“Climate & Antarctica” by*  
*Dr. Ken Knoll*

9:00 AM Indoor Pickleball **15**  
9:00 AM Reflexology  
9:00 AM Financial Services  
10:00AM Current Events  
**10:30 AM Out to Lunch - Golden**  
**The Briarwood Inn \$\$\$-\$\$\$**  
11:30AM VOA Lunch  
*Mongolian beef, lo mein*  
1:00 PM Games & Trivia  
1:00 PM Board Meeting

**16/17**

9:00 AM Chair Massage **21**  
**9:00 AM Trip - National Western**  
**Stock Show & Rodeo \$**  
9:30 AM Sit & Be Fit Class  
**10:00 AM Slammers Bingo**  
11:30 AM VOA Lunch -  
*Honey orange salmon*  
**2:00 PM Senior Art Class**

9:00 AM Indoor Pickleball **22**  
9:00 AM Reflexology  
9:00 AM Financial Services  
10:00AM Current Events  
11:30AM VOA Lunch  
*Burrito, meatball soup*  
1:00 PM Games & Trivia

**23/24**

**9:00 AM Slammers Br/Bingo** **28**  
**9:15 AM Trip - Wyeth Exhibit at**  
**Denver Art Museum \$**  
9:30 AM Sit & Be Fit Class  
11:30 AM VOA Lunch -  
*Chicken, Spanish rice*  
12:15 PM Douglas County Human  
Services (no appts needed)

9:00 AM Indoor Pickleball **29**  
9:00 AM Reflexology  
9:00 AM Financial Services  
10:00AM Current Events  
11:30AM VOA Lunch  
*Turkey pot pie, biscuit, salad*  
1:00 PM Games & Trivia

**30/31**

**February Activities**  
**Sign-Up begins at 8:30 AM**