


AUGUST

MONDAY	TUESDAY	WEDNESDAY
<p>DOLLAR SIGN LEGEND The dollar signs on the calendar represent the average price of the entrée at the restaurant when you will be paying for a meal there. \$ = Under \$15 \$\$ = \$16-\$35 \$\$\$ = \$36-\$50</p> <p>This does NOT represent the Activity Fee you pay at sign-up</p>	<p>9:30 AM Sit & Be Fit Class 1</p> <p>10:00 AM Book Club Meeting</p> <p>10:00 AM Denver Mob Tour #5 with lunch at Gaetano's \$\$</p> <p>11:30 AM VOA Lunch - <i>Beef patty, gravy, mashed</i></p> <p>1:00 PM Bingo for Fun</p>	<p>8:30 AM Casino Trip - The Lodge 2</p> <p>9:00 AM Visiting Nurses</p> <p>9:30 AM Sit & Be Fit Class</p> <p>10:00 AM Balloon Animal Class</p> <p>1:00 PM Crochet & Knit</p> <p>1:00 PM Afternoon of Games</p>
<p>8:45 AM Trip - Boulder \$ Celestial Seasonings & Leaning Tree 7</p> <p>9:00 AM Reflexology</p> <p>9:15 AM Monday Bridge</p> <p>11:00 AM Tai Chi For Arthritis Class (July-August session)</p> <p>1:00 PM Afternoon of Games</p> <p>1:00 PM Garden Club Meeting</p>	<p>9:00 AM Chair Massage "\$10 Tuesdays" 8</p> <p>9:30 AM Sit and Be Fit Class</p> <p>10:00 AM "Meet and Greet"</p> <p>11:30 AM VOA Lunch-<i>Chicken Teriyaki</i></p> <p>1:30 PM Creative Writing Group</p> <p></p>	<p>9:30 AM Sit & Be Fit Class 9</p> <p>9:30 AM Craft Show Workshop</p> <p>10:00 AM Softball Game & Cookout</p> <p>10:30 AM Activities Trip Planning Mtg.</p> <p>1:00 PM Crochet & Knit</p> <p>1:00 PM Afternoon of Games</p> <p>1:00 PM Bunco</p> <p>4:45 PM Out to Dinner - Parker \$\$\$ "Trappers Chop House"</p>
14	15	16
<p>Senior Center Closed Rec Center Closed for Maintenance</p>		
<p>9:00 AM Visiting Nurses (note: unusual day) 21</p> <p>9:00 AM Reflexology</p> <p>9:15 AM Monday Bridge</p> <p>10:00 AM Balloon Animal Class</p> <p>1:00 PM Afternoon of Games</p> <p><i>Senior Citizen's Day</i></p>	<p>9:30 AM Sit and Be Fit Class 22</p> <p>11:00 AM Technology for Low Vision</p> <p>11:30 AM VOA Lunch/<i>Let's Celebrate Cavatappi Bolognese</i></p> <p>1:00 PM Marathon Bridge</p> <p>1:00 PM Low Vision Support Group</p> <p>4:30 PM Trip - Colorado Springs Sky Sox Baseball Game & BBQ</p>	<p>9:30 AM Sit & Be Fit Class 23</p> <p>10-11:30 BP Spot - walk in</p> <p>11:15 AM Lunch and Learn</p> <p>1:00 PM Crochet & Knit</p> <p>1:00 PM Afternoon of Games</p>
<p>28</p> <p>9:00 AM Reflexology</p> <p>9:15 AM Monday Bridge</p> <p>10:00 AM Bowling League Information & Sign Up Meeting</p> <p>1:00 PM Afternoon of Games</p>	<p>29</p> <p>9:30 AM Sit & Be Fit Class</p> <p>10:15 AM Shopping Trip - Streets at Southglenn Mall</p> <p>11:30 AM VOA Lunch - <i>Turkey, gravy, dressing</i></p> <p>1:00 PM Bingo for Fun-white elephant</p>	<p>8:45 AM TRIP - CO Springs \$ Ghost Town/Pioneer Museum 30</p> <p>9:30 AM Sit & Be Fit Class</p> <p>1:00 PM Crochet & Knit</p> <p>1:00 PM Afternoon of Games</p> <p>1:00 PM Polish Poker</p>

2017

THURSDAY	FRIDAY	SATURDAY/SUNDAY
9:00 AM Chair Massage 9:30 AM Sit & Be Fit Class 3 9:30 AM Out to Brunch - Greenwd Vlg. Original Pancake House \$ 10:00 AM Slammers Bingo 11:30AM VOA Lunch—Mac & Beef 1:00 PM Duplicate Bridge (make-up) 1:00 PM Trivia Group 2:00 PM SeniorzArt Class	8:00 AM Mystery Trip \$ 4 9:00 AM Financial Services 10:00 AM Current Events Discussion 11:30AM VOA Lunch - Turkey breast 1:00 PM Afternoon of Games 1:00 PM Crochet & Knit 1:00 PM Remembering our Veterans	5/6 SUNDAY AUGUST 6 THEATER TRIP "Ring of Fire" Vintage Theatre Leaving at 1:15 PM
8:30 AM HIKE - Palmer Lake 10 9:00 AM Slammers Br/Bingo 9:30 AM Sit & Be Fit Class 11:30 AM VOA Lunch - Beef penne florentine 1:00 PM Trivia Group 12:45 PM Movie and Popcorn - "A Dog's Purpose"	8:30 AM AARP Driver Class 9:00 AM Financial Services 11 10:00 AM Current Events 10:15 AM Hearing Clinic 11:00 AM Trip - Arapahoe Park Horses 11:30 AM VOA Lunch - Pollock nuggets 1:00 PM Afternoon of Games 1:00 PM Crochet/Knit 1:00 PM Board Meeting	12/13
<div style="display: flex; justify-content: space-between; align-items: center;"> 17 18 19/20 </div> <h2 style="margin: 0;">Senior Center Closed</h2> <h1 style="margin: 0;">Rec Center Closed for Maintenance</h1>		
9:00 AM Chair Massage 9:00 AM Slammers Br/Bingo 24 9:30 AM Sit & Be Fit Class 11:30 AM VOA Lunch - Steak patty 12:15 PM Douglas County Human Services (no appts needed) 1:00 PM Active Minds - "Big Apple" 1:00 PM Duplicate Bridge 2:00 PM Trivia Group 4:45 PM Out to Dinner-"Hacienda" \$	9:00 AM Financial Services 25 10:00 AM Current Events 11:30AM VOA Lunch - Thai ginger chicken patty 1:00 PM Afternoon of Games 1:00 PM Crochet & Knit <div style="background-color: yellow; padding: 5px; text-align: center; border: 1px solid black;"> September Activities Sign-Up begins at 8:30 AM </div>	26/27
9:30 AM Sit & Be Fit Class 10:00 AM Slammers Bingo 31 10:00 AM Information Meeting - "Becoming an election Judge" 11:30AM VOA Lunch—Western omelet 1:00 PM NEW PROGRAM - Discovery Hour "Raptors" with 4 live birds 1:00 PM Trivia Group	<div style="background-color: yellow; padding: 10px; border: 1px solid black;"> <h3>CANCELLATION POLICY</h3> <p>If you sign up for an activity and find you are unable to participate, let the front desk know as soon as possible. No credits are issued for cancellations made the <u>day of or the day before</u> an activity. If you cancel before the deadline, notify the Senior Center during business hours of 8:30am-4:30pm Monday-Friday, and we will issue you a credit. We do not refund ticketed events. Credits expire after one year.</p> </div>	