

APRIL

MONDAY

TUESDAY

WEDNESDAY

DOLLAR SIGN LEGEND

The dollar signs on the calendar represent the average price of the entrée at the restaurant when you will be paying for a meal there.

\$ = Under \$15 \$\$ = \$16-\$35
 \$\$\$ = \$36-\$50

This does NOT represent the Activity Fee you pay at sign-up



<p>9:00-3:00 AARP Tax Service 3</p> <p>9:00 AM Reflexology</p> <p>9:15 AM Open Bridge</p> <p>12:30 PM Matter of Balance #2</p> <p>1:00 PM Afternoon of Games</p> <p>1:00 PM Garden Club Meeting</p>	<p>9:30 AM Sit & Be Fit Class 4</p> <p>10:00 AM Book Club Meeting</p> <p>11:00 AM Out to Lunch - Lone Tree "Sweet Tomatoes" \$</p> <p>11:30 AM VOA Lunch - <i>Chicken, rice, green beans</i></p> <p>12:30 PM "Safer Senior Class" #1</p> <p>1:00 PM Bingo for Fun</p>	<p>8:30 AM Casino Trip - Lady Luck 5</p> <p>9:00-3:00 AARP Tax Service</p> <p>9:00 AM Visiting Nurses</p> <p>9:30 AM Sit & Be Fit Class</p> <p>1:00 PM Crochet & Knit</p> <p>1:00 PM Afternoon of Games</p>
<p>9:00-3:00 AARP Tax Service 10</p> <p>9:00 AM Reflexology</p> <p>9:15 AM Open Bridge</p> <p>12:30 PM Matter of Balance #3</p> <p>1:00 PM Afternoon of Games</p> <p>4:45 PM Out to Dinner - Lone Tree "PF Changs" \$\$</p>	<p>9:30 AM Sit and Be Fit Class 11</p> <p>10:00 AM "Meet and Greet"</p> <p>10:00 AM Special Event - "Coffee with a Cop"</p> <p>11:30 AM VOA Lunch - <i>Ginger teriyaki pork ribs</i></p> <p>12:30 PM "Safer Senior Class" #2</p> <p>1:30 PM Creative Writing Group</p>	<p>8:15 AM Trip - Tour of Valor High School Theater Dept. 12</p> <p>9:00-3:00 AARP Tax Service</p> <p>9:30 AM Sit & Be Fit Class</p> <p>1:00 PM Crochet & Knit</p> <p>1:00 PM Afternoon of Games</p> <p>1:00 PM Bunco</p> <p> Outback Steakhouse 11:00 AM - 10:00 PM</p>
<p>9:00-3:00 AARP Tax Service 17</p> <p>9:00 AM Reflexology</p> <p>9:15 AM Open Bridge</p> <p>10:00 AM Shopping Trip - \$ Aspen Grove/lunch at The Bistro</p> <p>12:30 PM Matter of Balance #4</p> <p>1:00 PM Afternoon of Games</p>	<p>9:30 AM Sit and Be Fit Class 18</p> <p>11:00 AM Technology for Low Vision</p> <p>11:30 AM VOA Lunch/<i>Let's Celebrate Italian sausage stew</i></p> <p>12:30 PM "Safer Senior Class" #3</p> <p>1:00 PM Low Vision Support Group</p> <p>1:00 PM Marathon Bridge</p>	<p>9:00 AM Visiting Nurses 19</p> <p>9:30 AM Sit & Be Fit Class</p> <p>12:30 PM Activities Trip Planning Mtg.</p> <p>12:45 PM Theater - Lone Tree "Evita"</p> <p>1:00 PM Polish Poker</p> <p>1:00 PM Crochet & Knit</p> <p>1:00 PM Afternoon of Games</p> <p>1:30 PM Activities Restaurant Mtg.</p>
<p>24</p> <p>9:00 AM Reflexology</p> <p>9:15 AM Open Bridge</p> <p>12:30 PM Matter of Balance #5</p> <p>1:00 PM Afternoon of Games</p> <p>2:00 PM Bowling Banquet</p>	<p>9:00 AM Chair Massage 25 "\$10 Tuesdays"</p> <p>9:30 AM Sit and Be Fit Class</p> <p>11:30 AM VOA Lunch- <i>Brunswick stew, cornbread</i></p> <p>1:00 PM Bingo for Fun - White Elephant</p> <p>4:45 PM Out to dinner - Lone Tree "Earls" \$\$</p>	<p>9:30 AM Sit & Be Fit Class 26</p> <p>10-11:30 BP Spot - walk in</p> <p>10:00 AM Legal Presentation - "What is Probate?"</p> <p>11:30 AM Lunch and Learn</p> <p>1:00 PM Crochet & Knit</p> <p>1:15 PM Afternoon of Games</p>

2017

THURSDAY	FRIDAY	SATURDAY/SUNDAY
<p align="center">CANCELLATION POLICY</p> <p>If you sign up for an activity and find you are unable to participate, let the front desk know as soon as possible. No credits are issued for cancellations made the <u>day of or the day before</u> an activity. If you cancel before the deadline, notify the Senior Center during business hours of 8:30am-4:30pm Monday-Friday, and we will issue you a credit. We do not refund ticketed events. Credits expire after one year.</p>		<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;">1/2</div>
<p>9:00 AM Chair Massage 6</p> <p>9:30 AM Sit & Be Fit Class</p> <p>10:00 AM Slammers Bingo</p> <p>11:30AM VOA Lunch— <i>Chicken with mushroom & rice</i></p> <p>1:00 PM Trivia Group</p> <p>2:00 PM SeniorzArt Class</p>	<p>8:45 AM Mystery Trip \$ 7 <i>(sign up was in March)</i></p> <p>9:00 AM Financial Services</p> <p>10:00 AM Current Events Discussion</p> <p>11:30AM VOA Lunch - <i>Cheese ravioli</i></p> <p>1:00 PM Afternoon of Games</p> <p>1:00 PM Crochet & Knit</p> <p>1:00 PM <i>Remembering our Veterans</i></p>	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;">8/9</div>
<p>9:00 AM Slammers Br/Bingo 13</p> <p>9:30 AM Sit & Be Fit Class</p> <p>10-11:30 BP Spot - walk in</p> <p>11:30 AM VOA Lunch - <i>Ham, yams, carrot coleslaw</i></p> <p>12:45 PM Movie and Popcorn - <i>“Queen of Katwe”</i></p> <p>1:00 PM Trivia Group</p>	<p>9:00 AM Reflexology 14</p> <p>9:00 AM Financial Services</p> <p>10:00 AM Current Events</p> <p>10:15 AM Hearing Clinic</p> <p>11:30 AM VOA Lunch - <i>Mac and cheese</i></p> <p>1:00 PM Presentation: “Memory Supplements”</p> <p>1:50PM Medication check appts.</p> <p>1:00 PM Games & Crochet/Knit</p> <p>6:00 PM Theater-Valor HS “Pippin”</p>	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;">15/16</div> <p align="center"><i>Easter Sunday</i></p>
<p>9:00 AM Chair Massage 20</p> <p>9:30 AM Sit & Be Fit Class</p> <p>10:00 AM Slammers Bingo</p> <p>11:30 AM VOA Lunch - <i>Beef enchiladas</i></p> <p>1:00 PM Trivia Group</p> <p>2:00 PM SeniorzArt Class</p> <p>2:00-6:00 PM Senior Life Expo - <i>at DC Events Center</i></p> 	<p>9:00 AM Financial Services 21</p> <p>10:00 AM Current Events</p> <p>11:00 AM Out to Lunch - Centennial “Mama Roma” \$</p> <p>11:30 AM VOA Lunch - <i>Baked fish</i></p> <p>1:00 PM Afternoon of Games</p> <p>1:00 PM Crochet/Knit</p> <p>1:00 PM Board Meeting</p>	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;">22/23</div> <p>SUNDAY APRIL 23 SHOW TRIP “Ms. Colorado Senior America Pageant” Lakewood Cultural Center Leave at 12:30 PM Show at 2:00 PM</p>
<p>9:00 AM Slammers Br/Bingo 27</p> <p>9:30 AM Sit & Be Fit Class</p> <p>11:30 AM VOA Lunch - <i>Beef gyro pita</i></p> <p>12:15 PM Douglas County Human Services (no appts needed)</p> <p>1:00 PM Duplicate Bridge</p> <p>1:00 PM Active Minds - “The Age of the Vikings”</p> <p>2:00 PM Trivia Group</p>	<p>9:00 AM Reflexology 28</p> <p>9:00 AM Financial Services</p> <p>10:00 AM Current Events</p> <p>11:30AM VOA Lunch - <i>Creole style fish, dirty rice</i></p> <p>1:00 PM Afternoon of Games</p> <p>1:00 PM Crochet & Knit</p> <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 10px;"> May Activities Sign-Up begins at 8:30 AM </div>	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;">29/30</div>