

JANUARY



MONDAY

TUESDAY

WEDNESDAY

Restaurant/Event Price Legend

\$ = Under \$15 *When you see these symbols you will know the price range. For more specific information, call the front desk.*
 \$\$ = \$16—\$35
 \$\$\$ = \$36—\$50

If you are planning to drive yourself to an off-site event or restaurant, please let us know so you'll be included in the reservations.

1

2014 HAPPY NEW YEAR

Senior Center CLOSED

6

9:00 AM Bowling
 9:15 AM Bridge
 9:30 AM Tennis
 1:00 PM Afternoon of Games

7

9:00 AM Chair Massage \$
 9:30 AM Sit and Be Fit Class
 11:45 AM VOA Lunch -
BBQ chicken on bun, potatoes
 12-3 PM Indoor Pickleball (new time)
 1:00 PM Computer assistance
 1:15 PM **Bingo for fun**

8

9:00 AM Visiting Nurses \$\$
 9:30 AM Sit & Be Fit Class
12:45 PM CONCERT - "Opera's Greatest Hits" at Lone Tree
 1:00 PM Crochet & Knit
 1:00 PM Canasta & Pinochle

Dining GUADALAJARA
ALL DAY
FUNDRAISER

to Donate

13

9:00 AM Bowling
 9:15 AM Bridge
 9:30 AM Tennis
 1:00 PM Afternoon of Games
1:00 PM Activities Committee Meeting

14

8:30 AM Casino Trip \$
Century Casino in Central City
 9:30 AM Sit and Be Fit Class
 9:30 AM Creative Writing
 11:45 AM VOA Lunch -
Orange chicken, sweet potato
 12-3 PM Indoor Pickleball (new time)

15

9:00 AM Visiting Nurses \$\$
 9:30 AM Sit & Be Fit Class
12:00 PM Monthly Potluck \$
 1:00 PM Crochet & Knit
 1:00 PM Canasta & Pinochle
1:15 PM Polish Poker (sign up ahead)

20

Senior Center CLOSED

21

9:30 AM Sit and Be Fit Class
 11:45 AM VOA Lunch -
Chicken Paprikash, rice
 12-3 PM Indoor Pickleball (new time)
12:30 PM Legal Presentation - "Powers of Attorney"
 1:00 PM Computer assistance

22

9:30 AM Sit & Be Fit Class
11:30 AM Lunch and Learn \$
 1:15 PM Crochet & Knit
 1:15 PM Canasta & Pinochle

27

8:00 AM TRIP - \$\$
Snow Sculpture Viewing in Breckenridge
 9:00 AM Bowling
 9:15 AM Bridge
 9:30 AM Tennis
 1:00 PM Afternoon of Games

28

9:00 AM Chair Massage \$
 9:30 AM Sit and Be Fit Class
 9:30 AM Creative Writing
 11:45 AM VOA Lunch -
Lemon chicken soup & sandwich
 12-3 PM Indoor Pickleball (new time)
 1:15 PM **Bingo for fun**

29

9:30 AM Sit & Be Fit Class
 1:00 PM Crochet & Knit
 1:00 PM Canasta & Pinochle
1:00 PM Bunco (sign up ahead)
4:30 PM Out to Dinner - \$\$
Olive Garden In Highlands Ranch



2014

THURSDAY	FRIDAY	SAT/SUN	NOTES
9:30 AM Sit & Be Fit Class 2 9:30 AM Tennis 10:00 AM Slammers Bingo \$ 11:45 AM VOA Lunch - <i>Pork chop with apples & onions</i> 12-3 PM Indoor Pickleball (new time) 2:00 PM "SeniorzArt" Class \$	9:00 AM Financial Services 3 9:15 AM TRIP - \$\$ "Mythbusters the Explosive Exhibition" at Denver Nature and Science Museum 10:00 AM Current Events C&C Group 1:00 PM Remembering our Veterans 1:00 PM Afternoon of Games 6:00 PM Tennis Doubles	4/5	Some space to keep track of what you signed up for, what you need to bring, your rides and other things
9:00 AM Computer assistance 9 9:30 AM Sit & Be Fit Class 9:30 AM Slammers Brunch & Bingo \$ 11:45 AM VOA Lunch - <i>Sesame glazed fish</i> 12-3 PM Indoor Pickleball (new time) 12:30 PM AARP Meeting	9:00 AM Financial Services 10 9:00 AM Reflexology \$ 10:00 AM Current Events C&C Group 10:15 AM Hearing Clinic 11:00 AM Out to Lunch - \$\$ The White Chocolate Grill at Park Meadows 1:00 PM Afternoon of Games 6:00 PM Tennis Doubles	11/12	
9:00 AM Chair Massage \$ 16 9:30 AM Sit & Be Fit Class 9:30 AM Tennis 10:00 AM Slammers Bingo \$ 11:45 AM VOA Lunch - <i>BBQ pork rib, corn on the cob</i> 12-3 PM Indoor Pickleball (new time) 1:00 PM Board Meeting 2:00 PM "SeniorzArt" Class \$ 4:30 PM Out to Dinner - \$\$ Rib City in Littleton	17 9:00 AM Reflexology \$ 9:00 AM Financial Services 10:00 AM Current Events C&C Group 1:00 PM Afternoon of Games 6:00 PM Tennis Doubles	18/19 SATURDAY \$\$ Pro Rodeo & Western Stock Show Leave at 9:30 AM	
9:00 AM Computer assistance 23 9:30 AM Sit & Be Fit Class 9:30 AM Slammers Brunch & Bingo \$ 10:45 AM Out to Lunch - \$ The Bistro at Aspen Grove 11:45 AM VOA Lunch - <i>Pork chop, gravy, potato casserole</i> 12-3 PM Indoor Pickleball (new time)	24 9:00 AM Reflexology \$ 9:00 AM Financial Services 10:00 AM Current Events C&C Group 1:00 PM Afternoon of Games 6:00 PM Tennis Doubles	25/26 SUNDAY Theater: "Boeing Boeing" Littleton Town Hall Arts Center Leave at noon	
30 9:30 AM Sit & Be Fit Class 9:30 AM Tennis 10:00 AM Slammers Bingo \$ 11:45 AM VOA Lunch - <i>Szechuan chicken & rice</i> 12-3 PM Indoor Pickleball (new time) 1:00 PM Super Bowl Week Movie - \$ "The Blind Side"	31 9:00 AM Reflexology \$ 9:00 AM Financial Services 10:00 AM Current Events C&C Group 1:00 PM Afternoon of Games 6:00 PM Tennis Doubles	** CANCELLATIONS ** If you become ill or cannot participate in an activity you have paid for, let the front desk know. <i>No credits/refunds given for same day cancellations.</i> If you cancel ahead for a non-ticketed event, fill out a <i>Cancellation Request Form</i> and staff will issue you a <i>Credit Slip</i> to be used for a future sign-up fee	

February Activities Sign Up