



FEBRUARY



MONDAY

TUESDAY

WEDNESDAY

Monday-Friday January 30-February 3
The Senior Center Great Room & Back Room
Will be CLOSED after 2:45 PM each of these days
 Construction crews will be working nights this week on a renovation project to make our Center better
 See page 2 for more information

9:00 AM Visiting Nurses **1**
 9:30 AM Sit & Be Fit Class
 12:30 PM Matter of Balance #5
 1:00 PM Crochet & Knit
 1:00-2:45 Afternoon of Games
5:00 PM SPECIAL DINNER OUT \$\$
Meet at Mt. Fuji, Castle Rock
(No transportation from Center)

9:00-3:00 AARP Tax Service **6**
 9:00 AM Reflexology
 9:15 AM Open Bridge
 1:00 PM Afternoon of Games
 1:00-2:00 Farewell gathering for Steph Schroeder

9:30 AM **Beginning Bridge Class** **7**
 9:30 AM Sit & Be Fit Class
 10:00 AM Book Club Meeting
11:30 AM TRIP - Colorado Garden & Home Show \$
 11:30 AM VOA Lunch - Hash brown casserole
 1:00 PM Bingo for Fun

9:00-3:00 AARP Tax Service **8**
 9:30 AM Sit & Be Fit Class
 12:30 PM Matter of Balance
 1:00 PM Crochet & Knit
 1:00 PM Afternoon of Games
1:00 PM Bunco

 **Black Eyed Pea**
11:00 AM - 9:00 PM

9:00-3:00 AARP Tax Service **13**
 9:00 AM Reflexology
 9:15 AM Open Bridge
 1:00 PM Afternoon of Games
4:30 PM Out to Dinner - \$\$
"Maggiano's Little Italy"

Valentines Day **14**
8:30 AM Casino Trip - "The Isle" in Blackhawk
 9:30 AM Sit and Be Fit Class
10:00 AM Newcomer "Meet and Greet"
 11:30 AM VOA Lunch - Pea soup, tuna
 1:30 PM Creative Writing Group

9:00-3:00 AARP Tax Service **15**
 9:00 AM Visiting Nurses
 9:30 AM Sit & Be Fit Class
 10:00 AM Library Committee Meeting
 12:30 PM Matter of Balance #7
 12:30 PM Activities Restaurant Mtg.
1:00 PM Polish Poker
 1:00 PM Crochet & Knit
 1:00 PM Afternoon of Games
 1:30 PM Activities Trip Planning Mtg.

Senior Center **20**
CLOSED



9:30 AM **Beginning Bridge Class** **21**
 9:30 AM Sit and Be Fit Class
10:00 AM SHOPPING TRIP - Saver's for "Senior 30% Day"
 11:00 AM Technology for Low Vision
 11:30 AM VOA Lunch/Let's Celebrate Meatball soup, burrito
 1:00 PM Low Vision Support Group

9:00-3:00 AARP Tax Service **22**
 9:30 AM Sit & Be Fit Class
 10-11:30 BP Spot - walk in
10:00 AM Legal Presentation - "Using Powers of Attorney to Avoid Protective Proceedings"
11:30 AM Lunch and Learn
 12:30 PM Matter of Balance #8
 1:00 PM Crochet & Knit
 1:00 PM Afternoon of Games

9:00-3:00 AARP Tax Service **27**
 9:00 AM Reflexology
 9:15 AM Open Bridge
 9:30 AM Volunteer Driver Meeting
 1:00 PM Afternoon of Games

9:00 AM Chair Massage **28**
"\$10 Tuesdays"
 9:30 AM Sit and Be Fit Class
 11:30 AM VOA Lunch- Chicken fried steak, gravy
 1:00 PM Bingo for Fun (white elephant)

DOLLAR SIGN LEGEND
 The dollar signs on the calendar represent the average price of the entrée at the restaurant when you will be paying for a meal there.
 \$ = Under \$15 \$\$ = \$16-\$35
 \$\$\$ = \$36-\$50
This does NOT represent the Activity Fee you pay at sign-up



2017



THURSDAY

FRIDAY

SATURDAY/SUNDAY

9:00 AM Chair Massage **2**
 9:30 AM Sit & Be Fit Class
10:00 AM Slammers Bingo
 11:30AM VOA Lunch -
Beef stew, ranch style beans
 1:00 PM Trivia Group
2:00 PM SeniorzArt Class

8:45 AM Mystery Trip \$ **3**
 9:00 AM Reflexology
 9:00 AM Financial Services
 10:00 AM Current Events Discussion
 11:30AM VOA Lunch - *Sausage soup*
 1:00-2:45 Afternoon of Games
 1:00 PM Crochet & Knit
 1:00 PM *Remembering our Veterans*

4/5

9:00 AM Slammers Br/Bingo
9:30 AM Beginning Bridge **9**
 9:30 AM Sit & Be Fit Class
 10-11:30 BP Spot - walk in
 11:30 AM VOA Lunch -
Roast beef, whipped potatoes
12:45 PM Movie & Popcorn - "Sully"
 1:00 PM Trivia Group
 1:30 PM Volunteer Driving Meeting

9:00 AM Financial Services **10**
 10:00 AM Current Events
 10:15 AM Hearing Clinic
11:00 AM Out to Lunch - \$
"White Chocolate Grill"
 11:30 AM VOA Lunch - *Chicken salad*
 1:00 PM Afternoon of Games
 1:00 PM Crochet/Knit

11/12

9:00 AM Chair Massage **16**
 9:30 AM Sit & Be Fit Class
10:00 AM Slammers Bingo
 11:30 AM VOA Lunch - *Chicken Kiev*
 1:00 PM Trivia Group
1:00 PM Trip - Denver Art Museum
Star Wars Costumes Exhibit
with dinner at Blue Bonnet
2:00 PM SeniorzArt Class

9:00 AM Reflexology **17**
 9:00 AM Financial Services
 10:00 AM Current Events Discussion
 11:30 AM VOA Lunch -
Cod Florentine, rice
 1:00 PM Afternoon of Games
 1:00 PM Crochet/Knit
 1:00 PM Board Meeting

18/19

9:00 AM Slammers Br/Bingo
9:30 AM Beginning Bridge **23**
Class
 9:30 AM Sit & Be Fit Class
 11:30 AM VOA Lunch - *Jambalaya*
12:15 PM Douglas County Human
Services (no appts needed)
1:00 PM Active Minds -
"Muhammad Ali"
 2:00 PM Trivia Group

9:00 AM Financial Services **24**
 10:00 AM Current Events
11:00 AM Out to Lunch - "Benedict's"
 11:30AM VOA Lunch -
Pizza burger, potato wedges
 1:00 PM Afternoon of Games
 1:00 PM Crochet & Knit

March Activities Sign-Up begins at 8:30 AM

SUNDAY
Feb. 19 THEATER TRIP
"Bonnie & Clyde"
 Littleton Town Hall Arts Center
 Leaving at noon - stopping for lunch
 & show at 2:00 PM

SPECIAL EVENT **25/26**
SUNDAY FEBRUARY 26
"Mardi Gras" Dance
with live music
 At the Millhouse
 at the Philip S. Miller Park, CR
 No transportation provided
 6:00-8:30 PM



CANCELLATION POLICY

If you sign up for an activity and find you are unable to participate, let the front desk know as soon as possible. No credits are issued for cancellations made the day of or the day before an activity. If you cancel before the deadline, notify the Senior Center during business hours of 8:30am-4:30pm Monday-Friday, and we will issue you a credit. We do not refund ticketed events. Credits expire after one year.