



# FEBRUARY



## MONDAY

## TUESDAY

## WEDNESDAY

**8:00 AM TRIP - \$-\$\$** **1**  
**Breckenridge Snow Sculptures**  
 9:00 AM Reflexology  
 9:15 AM Bridge  
 9:30 AM Tennis  
 12:00 PM Preventing Diabetes Class  
 1:00 PM Afternoon of Games

9:00 AM Indoor Pickleball **2**  
 9:30 AM Sit & Be Fit Class  
 10:00 AM Book Club Mtg.  
 11:15 AM PRESENTATION by VOA -  
 "Getting Heart Smart"  
 11:30 AM VOA Lunch -  
*Meatloaf, carrots, rye bread*  
 12:30 PM Matter of Balance Class #1  
 1:00 PM Bingo for Fun

9:00-3:00 AARP Tax Service **3**  
 9:00 AM Visiting Nurses  
 9:30 AM Sit & Be Fit Class  
 1:00 PM Crochet & Knit  
 1:00 PM Afternoon of Games  
**4:45 PM Out to Dinner - in Parker**  
**"Hickory House" \$\$**

9:00 AM Reflexology **8**  
 9:15 AM Bridge  
 9:30 AM Tennis  
**10:15 AM CHINESE NEW YEAR -**  
**Imperial Chinese Lunch \$**  
**Shop - Pacific Ocean Mkt.**  
 12:00 PM Preventing Diabetes Class  
 1:00 PM Afternoon of Games

**8:30 AM Casino Trip**  
**Canyon Casino** **9**  
 9:00 AM Chair Massage  
 9:00-3:00 AARP Tax Service  
 9:00 AM Indoor Pickleball  
 9:30 AM Sit and Be Fit Class  
 11:30AM VOA Lunch  
*Spinach lasagna, salad*  
 12:30 PM Matter of Balance Class #2  
 1:30 PM Creative Writing Group

9:00-3:00 AARP Tax Service  
**9:30 AM TRIP - Tour of**  
**Justice Center** **10**  
 9:30 AM Sit & Be Fit Class  
 1:00 PM Crochet & Knit  
**1:00 PM Polish Poker**  
 1:00 PM Afternoon of Games

 **Rose's Bella Cucina**  
**11:00AM - 9:00PM**

**Center Closed** **15**  
**PRESIDENTS' DAY**  


9:00-3:00 AARP Tax Service **16**  
 9:00 AM Indoor Pickleball  
 9:30 AM Sit and Be Fit Class  
 11:30 AM VOA Lunch  
*4-cheese pasta, breadstick*  
 12:30 PM Matter of Balance Class #3  
 1:00 PM Low Vision Support Group  
 1:00 PM Activity Committee Meeting

9:00-3:00 AARP Tax Service **17**  
 9:00 AM Visiting Nurses  
**9:00 AM Craft Class -**  
**"Crochet Scrubbies"**  
 9:30 AM Sit & Be Fit Class  
**12:00 PM Soup Potluck Luncheon**  
 1:00 PM Afternoon of Games  
 1:00 PM Crochet & Knit  
**1:00 PM Bunco**

9:00 AM Reflexology **22**  
 9:15 AM Bridge  
 9:30 AM Tennis  
**11:00 AM Out to Lunch - Monument**  
**"Rosie's Diner" \$**  
 1:00 PM Afternoon of Games


9:00-3:00 AARP Tax Service **23**  
 9:00 AM Indoor Pickleball  
 9:30 AM Sit and Be Fit Class  
**10:30AM Monthly Newcomer**  
**"Meet and Greet"**  
 11:30AM VOA Lunch  
*Chicken scallopini, spaghetti*  
 12:30 PM Matter of Balance Class #4  
 1:00 PM Bingo for Fun-white elephant

9:00-3:00 AARP Tax Service **24**  
 9:30 AM Sit & Be Fit Class  
**10:00 AM Legal Presentation -**  
**"Wills & Trusts"**  
 10-11:30 BP Spot - no appt. needed  
**11:30 AM Lunch & Learn**  
 1:00 PM Crochet & Knit  
 1:15 PM Afternoon of Games

**29**  
 9:00 AM Reflexology  
 9:15 AM Bridge  
 9:30 AM Tennis  
 1:00 PM Afternoon of Games

**DOLLAR SIGN LEGEND**  
 The dollar signs on the calendar represent the average price of the entrée at the restaurant when you will be paying for a meal there.  
 \$ = Under \$15    \$\$ = \$16-\$35  
 \$\$\$ = \$36-\$50  
**This does NOT represent the Activity Fee you pay at sign-up**

# 2016

THURSDAY	FRIDAY	SATURDAY/SUNDAY
<p style="text-align: right; font-size: 24px; font-weight: bold; background-color: red; color: white; padding: 2px 10px;">4</p> <p>9:00 AM Chair Massage</p> <p>9:30 AM Sit &amp; Be Fit Class</p> <p><b>10:00AM Slammers Bingo</b></p> <p>11:30AM VOA Lunch - <i>Red beans, rice, sausage</i></p> <p><b>2:00 PM Senior Art Class</b></p>	<p style="text-align: right; font-size: 24px; font-weight: bold; background-color: red; color: white; padding: 2px 10px;">5</p> <p>9:00 AM Indoor Pickleball</p> <p>9:00 AM Reflexology</p> <p>9:00 AM Financial Services</p> <p>10:00 AM Current Events Discussion</p> <p>11:30AM VOA Lunch - <i>Chicken &amp; rice</i></p> <p>1:00 PM Games &amp; Trivia</p> <p>1:00 PM Remembering our Veterans</p> <p><b>1:00 PM SPECIAL EVENT - "Afternoon of Magic" at Theatre of Dreams</b></p>	<p style="text-align: right; font-size: 24px; font-weight: bold; background-color: red; color: white; padding: 2px 10px;">6/7</p>
<p style="text-align: right; font-size: 24px; font-weight: bold; background-color: red; color: white; padding: 2px 10px;">11</p> <p><b>9:00 AM Slammers Br/Bingo</b></p> <p>9:30 AM Sit &amp; Be Fit Class</p> <p>10-11:30 BP Spot - no appt. needed</p> <p>11:30 AM VOA Lunch - <i>Roast beef, gravy, potatoes</i></p> <p><b>12:45 PM Movie &amp; Popcorn - "The Intern"</b></p>	<p style="text-align: right; font-size: 24px; font-weight: bold; background-color: red; color: white; padding: 2px 10px;">12</p> <p>9:00 AM Indoor Pickleball</p> <p>9:00 AM Reflexology</p> <p>9:00 AM Financial Services</p> <p>10:00 AM Current Events Discussion</p> <p>10:15 AM Hearing Clinic</p> <p><b>10:45 AM Valentine's Mystery Trip \$</b></p> <p>11:30AM VOA Lunch-<i>Tuna salad, soup</i></p> <p>1:00 PM Games &amp; Trivia</p>	<p style="text-align: right; font-size: 24px; font-weight: bold; background-color: red; color: white; padding: 2px 10px;">13/14</p> <div style="text-align: center;">  <p style="color: red; font-style: italic; font-size: 18px;">Happy Valentine's Day</p> </div>
<p style="text-align: right; font-size: 24px; font-weight: bold; background-color: red; color: white; padding: 2px 10px;">18</p> <p>9:00 AM Chair Massage</p> <p>9:30 AM Sit &amp; Be Fit Class</p> <p><b>10:00 AM Slammers Bingo</b></p> <p>11:30 AM VOA Lunch - <i>Sweet &amp; sour pork, pineapple</i></p> <p><b>2:00 PM Senior Art Class</b></p> <p><b>4:45 PM Out to Dinner - Lone Tree Red Lobster \$\$</b></p>	<p style="text-align: right; font-size: 24px; font-weight: bold; background-color: red; color: white; padding: 2px 10px;">19</p> <p>9:00 AM Indoor Pickleball</p> <p>9:00 AM Reflexology</p> <p>9:00 AM Financial Services</p> <p>10:00AM Current Events</p> <p>11:30AM VOA Lunch - <i>Mongolian beef, lo mein</i></p> <p>1:00 PM Games &amp; Trivia</p> <p>1:00 PM Board Meeting</p>	<p style="text-align: right; font-size: 24px; font-weight: bold; background-color: red; color: white; padding: 2px 10px;">20/21</p> <p style="color: red; font-weight: bold; text-decoration: underline;">SUNDAY</p> <p><b>Driving Miss Daisy</b> Colorado Springs Fine Arts Center Leaving at 12:30 PM Show at 2:00 PM</p>
<p style="text-align: right; font-size: 24px; font-weight: bold; background-color: red; color: white; padding: 2px 10px;">25</p> <p><b>9:00 AM Slammers Br/Bingo</b></p> <p>9:30 AM Sit &amp; Be Fit Class</p> <p>11:30 AM VOA Lunch - <i>Smothered pork chop, potato</i></p> <p>12:15 PM Douglas County Human Services (no appts needed)</p> <p><b>12:45 PM SPECIAL PRESENTATION - "Earth Wind &amp; Fire"</b></p>	<p style="text-align: right; font-size: 24px; font-weight: bold; background-color: red; color: white; padding: 2px 10px;">26</p> <p>9:00 AM Indoor Pickleball</p> <p>9:00 AM Reflexology</p> <p>9:00 AM Financial Services</p> <p>10:00AM Current Events</p> <p>11:30AM VOA Lunch - <i>Meatball soup, bean burrito</i></p> <p>1:00 PM Games &amp; Trivia</p> <p style="text-align: center; background-color: red; color: white; padding: 5px;"><b>March Activities Sign-Up begins at 8:30 AM</b></p>	<p style="text-align: right; font-size: 24px; font-weight: bold; background-color: red; color: white; padding: 2px 10px;">27/28</p>
<div style="border: 1px solid black; padding: 10px; background-color: red; color: white;"> <p style="text-align: center; font-weight: bold; font-size: 18px;">CANCELLATION POLICY</p> <p style="text-align: center; font-size: 14px;">If you sign up for an activity and find you are unable to participate, let the front desk know as soon as possible. No credits are issued for cancellations made the <u>day of</u> or <u>the day before</u> an activity. If you cancel before the deadline, notify the Senior Center during business hours of 8:30am-4:30pm Monday-Friday, and we will issue you a credit. We do not refund ticketed events. Credits expire after one year.</p> </div>		